

The Community Services and Parks Department and our very own Youth and Family Services Program believe that the lives of our youth are highly impacted and influenced by both their families and their community. We can best serve the youth when we address the needs of the family through a comprehensive approach of case management. The success of this approach is only possible through the variety of social service resources available in our community. The Youth and Family Services Program supports youth and families in the Glendale community through its dedication of providing supportive links to these resources.

We are proud of our ongoing partnerships with local social service organizations in our community and surrounding cities. It is through the efforts of these partnerships that we are able to provide a comprehensive resource directory to the community. This directory is designed to raise awareness of the programs and services provided by organizations that are serving our community's youth and their families.

I would like to thank everyone in the community who participated in making this directory possible. Without the assistance of everyone involved, our goal of bringing this directory to the community would not be possible.

Jess Duran, Director Community Services and Parks Department

Respectfully,

# 2014-2015 City of Glendale Social Services Resource Guide

Every effort has been made to ensure the accuracy of the listings. The City of Glendale's Community Services and Parks Department's Youth and Family Services Program apologizes if there are any omissions, misspellings or incorrect information in this directory, whether such omissions or errors resulted from accident or neglect, or any other cause. This resource guide is intended to connect people to organizations and services that meet the needs of their youth and families in the Glendale community, and to programs they offer.

The Youth and Family Services Program respectfully request that any inaccuracy be brought to its attention by any individual utilizing this directory. If you are interested in sharing new resources to add to our guide, including your own organization, learn about our program or provide feedback about the resource guide, please call us at (818) 937-7246.



**Disclaimer:** The City of Glendale's Community Services and Parks Department's Youth and Family Services Program disclaims any liability to any person for any loss or damage caused by any resource or referral, whether injury was caused by neglect or accident. A referral does not constitute an endorsement or certification of a program's services.

# **Child Abuse Prevention/Treatment Resources**

#### **DIDI HIRSCH**

Mental Health Services 1540 E. Colorado Blvd.

Glendale, CA 91205

(818) 244 - 7257

http://www.didihirsch.org

Provides Adult Services, Child and Family Services, Substance Abuse Services, Suicide Prevention and Training. Services include: crisis intervention and stabilization, counseling, residential treatment, case management, youth-at-risk and family reinforcement programs, delinquency prevention programs, substance abuse treatment and prevention, and extensive community outreach.

# FOOTHILL FAMILY SERVICES

2500 E. Foothill Blvd., Ste 300

Pasadena, CA 91107

(626)795 - 6907

(626) 795 - 7080 Fax

http://www.foothillfamily.org

Individual, family and group counseling for families. Teen pregnancy prevention program, parenting classes and domestic violence programs.

# HILLSIDE MENTAL HEALTH PROGRAM

940 Ave. 64

Pasadena, CA 91105

(323) 254 - 2274

(323) 254 - 0598 Fax

http://www.hillsides.org

Office and in home counseling for treatment of child abuse, mental health issues for children 9-18 years old.

#### **IMCES**

431 N. Brand Blvd.

Glendale, CA 91203

(818) 240 - 4311

http://imces.org

Provides instruction for parents and teachers that helps children find new ways of resolving conflicts and creates caring homes, classrooms, and communities.

# **Child Abuse Prevention/Treatment Resources**

# LOS ANGELES COUNTY CHILDREN & FAMILY SERVICES

532 E. Colorado Blvd. Pasadena, CA 91101

(626) 229 - 3500

http://dcfs.co.la.ca.us

Protective services provided for children, victims of abuse and neglect. Referrals accepted through 24 hour child abuse hotline.

# **PACIFIC CLINICS**

237 Central Ave. Glendale, CA 91203 (818) 547 – 9544

http://www.pacificclinics.org

Provides innovative leadership in our communities, offering treatment, prevention and early intervention, program development and evaluation, research, training, and public education and advocacy, frequently in partnership with other social services organizations.

# **Child Care Resources**

# CHILDCARE INFORMATION SERVICES

2465 E. Walnut St. Pasadena, CA 91107 (626) 967 – 7848

http://www.optionscc.org

Provides childcare information including referrals for childcare, emergency childcare, subsidized childcare for parents that qualify.

# CHILDCARE RESOURCE CENTER

20001 Prairie St. Chatsworth, CA 91311 (818) 717 – 1000

http://www.ccrcla.org

By foucisng on the whole family, Head Start and Early Head Start programs both focus on giving families the necessary resources to care for their children in healthy and productive ways. CCRC staff offers medical, dental, mental health, special needs and nutrition services as well as many opporunities for parents to be involved in their child's growth, development and education.

# **COMMUNITY CARE LICENSING CENTER**

Dept.of Social Services 1000 Corporate Center Drive # 200B Monterey Park, CA 91754 (310) 981 – 3350 (310) 981 – 3355 Fax

http://www.ccld.ca.gov

Administers and monitors licenses for family child care homes and child care centers to ensure that a safe and healthy environment is provided for children in care. Investigates complaints against childcare providers. English, Spanish, Chinese, Armenian spoken.

#### YWCA OF GLENDALE

Community Programs & Services 735 E. Lexington Drive Glendale, CA 91206 (818) 242 – 4155 (818) 240 – 6036 Fax

http://glendaleywca.org

Head Start and preschool & extended day care for school age, free cancer screenings, mammograms & pap smears for low income women 50 yrs+. Walk-in or call. Spanish, Armenian, Russian, Tagalog spoken.

# **Dental Care Resources**

# ARROYO VERDUGO FAMILY DENTAL

3465 N. Verdugo Rd Glendale, CA 91208 (818) 249 – 1819

Accepts Medi-cal, Spanish, Armenian, Tagalog spoken. Discount available to seniors.

#### GLENDALE HEALTHY KIDS

735 E. Lexington Dr.

Glendale, CA 91206

(818) 548 - 7931

(818) 545 - 8104 Fax

http://www.glendalehealthykids.org

School site referral program, USC mobile dental clinic services, dental education program and dental sealant program. Referrals for medical and dental.

# THE SABAN FREE CLINIC

8405 Beverly Blvd

Los Angeles, CA 90048

(323) 653 – 1990 Appt. Line

(323) 653 - 8622

http://www.sabancommunityclinic.org

Free clininc providing fillings, extractions, hygiene, and referrals for adults and children 5-18 years old. Do not need insurance.

# UNIVERSITY OF SOUTHERN CALIFORNIA SCHOOL OF DENTISTRY

925 W. 34th St.

Los Angles, CA 90089

(213) 740 - 0412

http://dentistry.usc.edu/community-programs/clinics

Low cost dental care available for children 0-17 years.

# **ABILITY FIRST**

Maple Park Apartments 711 E. Maple St., Ste 114 Glendale, CA 91205 (818) 507 – 7969

24 independent living apartments for adults (18+) with physical or developmental disabilities. Apartments are for low income adults and are subsidized by Section 8. Apartments are wheelchair accessible and are equipped with emergency dispatch alarms.

# **ACCESS SERVICES**

P.O. Box 5728 El Monte, CA 91734 (800) 827 – 0829 (800) 883 – 1295 (800) 827 – 1359 TDD

# http://accessla.org

Access Services provides transportation services for people unable to independently use public buses or light rail services in Los Angeles County for all or some of their trips. Access Services works with the public buses and light rail to provide curb-to-curb service wihtin a ¾ mile of bus routes in Los Angeles County. Access Services is what is known as an ADA Complimentary paratransit service and operates under the rules set forth in the Americans with Disabilities Act (ADA). Access Services is also responsible for coordinating transportation programs of social service providers in Los Angeles County.

# ADULT PROTECTIVE SERVICES

L.A. Co. Community & Senior Services 3333 Wilshire Blvd. Ste 400 Los Angeles, CA 90010 (888)202 – 4248 (213)738 – 6485 Fax http://www.la4seniors.com

Crisis intervention for elderly & dependent adult abuse. If you know or suspect that an elderly person or a dependent adult is being abused physically, emotionally, or financially, or is being neglected by self or others, call the number above for assissance. Spanish upon request.

# **BRAILLE INSTITUTE**

741 N. Vermont Ave. Los Angeles, CA 90029 (800) 272 – 4553 (323) 663 – 1111

http://www.brailleinstitute.org

Provides education & couseling services for people of all ages who are blind and visually impaired, books on tape library for So. Calif, braille & recording services, low vision consultation. Braille services & supplies, including tactical maps, graphics, certified braille embossing and a library of books, descriptive videos, comprehensive programs for children. Serves all ages. Spanish spoken.

# **BURBANK NOON LIONS**

(818) 955 - 8018

Burbank

http://www.currenteventsjournal.com/lionsb/index.shtml

Offers programs designed to meet the hearing needs of low-income individuals. Provides no-cost audiologist assessment as well as cleaned, reconditioned and re-shelled hearing. Offers eye exams.

# NORTH WEST GLENDALE LIONS CLUB

(818) 957 - 6932

http://www.e-clubhouse.org/sites/glendalenw

Offers programs designed to meet the hearing needs of low-income individuals. Provides no-cost audiologist assessment as well as cleaned, reconditioned and re-shelled hearing.

#### CALIFORNIA DEPTARTMENT OF REHABILITATION

Glendale/Burbank Branch Office 425 W. Broadway , Ste 200 Glendale, CA 91204 (818) 551 – 2141 (818) 551 – 2148 Fax

http://www.rehab.cahwnet.gov

Assist people with all types of disabilities to retain employment and live independently. Vocational rehab, training, edu, transportation, job placement, assistive technology, deaf & hearing, blind services, and technical assistance. Spanish Spoken.

# CHILDREN'S MEDICAL SERVICES

L.A. Co. Dept. of Health Services 9320 Telstar Ave., Ste 226 El Monte, CA 91731 (800) 288 – 4584 (800) 924 – 1154 Fax

http://publichealth.lacounty.gov/cms/

CMS provides leadership for a family-centered health care system for children. Promotes access to prevention, screening, diagnosis, treatment, rehab, & follow-up activity. CMS administers programs including: CCS, CHDP, Calif. Children's Services assures that children under age 21 yrs with chronic illnesses or disabilities receive specialized medical care & rehab when their families have been determined eligible.

# DISABILITY RIGHTS LEGAL CENTER

Loyola Law School 800 South Figueroa Street, Ste. 1120 Los Angeles, CA 90017 (213) 736 – 1334 (213) 736 – 8310 TDD

http://disabilityrightslegalcenter.org

Law firm providing litigation, mediation, special edu advocacy and traning services to persons with disabilities. Litigation focuses on disability discrimination in govt. services businesses, housing, and transportation. Mediation for any matter affecting a person with disabilities. Special edu advocacy for children with cancer. Training on ADA for persons with disabilities, attorneys, businesses, and govt agencies. English, Spanish spoken.

# CONVALESCENT AID SOCIETY

3255 E. Foothill Blvd. Pasadena, CA 91107 (626) 793 – 1696

(213) 736 – 1428 Fax

http://cas1.org/wp

Durable Medical equipment on loan for in-home use. In continuous operation since 1923, the Convalescent Aid Society provides assistance to residents needing durbale medical equipment for in-home use at no charge and without time restraints.

# CASA COLINA CENTER FOR REHABILITATION

255 E. Bonita Ave. Pomona, CA 91767 (909) 596 – 7733 (909) 593 – 0153 Fax http://casacolina.org

Acute impatient & outpatient, physical med and rehab for children and adults diagnosed with brain injury, spinal cord injury, stroke, back pain disorders, chronic pulmonary disease, neurological and neuromuscular disorders and other disabling conditions. Outpatient clinics: audiology, hand, orthotics and prosthetics, driver training and eval, amputee and pulmonary. Return to work, long-term residential and post rehab support programs. Adaptive sports & outdoor adventures, adaped fitness center, SWIMFIT program, support groups open to community members. Spanish spoken.

# CHILDREN'S TUMOR FOUNDATION

California Chapter 11601 Wilshire Blvd., Suite 500 Los Angeles, CA 90025 (310) 216 – 9570

http://ctf.org

Dedicated to finding the cure & treatment of neurofibromatosis. Refers individuals to genetic counseling, medical diagnosis and care, connects them with local support groups, supplies, edu brochures, provides professional and public edu packets, speakers, resources & referrals.

#### CENTER FOR THE PARTIALLY SIGHTED

6101 W. Centinela Ave. Ste. 150 Culver City, CA 90230 (310) 988 – 1970 (310) 988 – 1980 Fax

http://www.low-vision.org

Low vision services for the partially sighted and/or legally blind. Training with prescribed visual devices, psych counseling, diabetes edu & support groups, HIV & vision loss program, pediatric vision assessments, orientation & mobility instruction, independent living skills classes and independent living aids, home safety assessments. Technology assessments including intro to specific devices for work or school such as computer software, telescopic lenses. Spanish spoken. Other languages upon request.

# **DISABILITY MINISTRIES**

Church of Christ

2021 W. Glenoaks Blvd.

Glendale, CA 91201

(818) 843 - 3636

(818) 843 – 3638 Fax

http://www.glendalechurchofchrist.org

Sunday at 9:30 am & Wednesday at 7:00 pm in sign language for Deaf. Korean spoken.

# DOWN SYNDROME ASSOCIATION OF LOS ANGELES

16461 Sherman Way Ste. 180

Van Nuys, CA 91406

(818) 786 - 0001

(818) 786 - 0004 Fax

http://www.dsala.org

Provide counseling to expectant and new families of children with Down Syndrome. Provide recreational services for individuals with Dome Syndrome and their families. English, Spanish spoken.

# FRANK D. LANTERMAN REGIONAL CENTER

3303 Wilshire Blvd., Ste 700

Los Angeles, CA 90010

(213) 383 - 1300

http://www.lanterman.org

One of 21 regional centers in California that serve people with or at - risk of , developmental disabilities & their families. A person is eligible for regional center services if he or she has developmental disability, is experiencing or is at-risk of developmental delay or disability, or is at high risk of parenting a disabled infant. Spanish, Chinese, Armenian, Korean spoken.

#### **GLENDRIDGE CENTER**

611 S. Central Ave.

Glendale, CA 91204

(818) 637 - 7727

(818) 637 – 2151 Fax

116 bed center serves age 60 yrs +: ambulatory, non ambulatory.

# JUNIOR BLIND OF AMERICA

5300 Angeles Vista Blvd. Los Angeles, CA 90043 (323) 295 – 4555 (323) 296 – 0424 Fax

http://www.juniorblind.org

Junior Blind offers specialised services to infants, children, teens and adults who are blind, visually impaired or multi-disabled- all at no cost to families. Children's services include a home-based infant program, special education school, resdiental program and after school program. Youth and adult services include a career-focused program for transtioin-age youth, assistive technology traning, and a residental program for newly blind or low vision adults. Recreation programs include three-day education and a specialized camp servicing all mental health patients. All services provided are free of charge to families. English, Spanish spoken.

# **EASTER SEALS**

710 W. Broadway Ave., Ste 710 Glendale, CA 91204 (818) 551 – 0128 (818) 551 – 9846 Fax

http://www.easterseals.com

Community based programs for adults with dev. Disabilties. After-school daycare for children with disabilities. Walk-in. Tagalog and Spanish spoken.

# **GLENDALE HOUSING AUTHORITY**

HUD Section 8 Rental Vouchers 141 N. Glendale Ave., Ste 202 Glendale, CA 91206 (818) 548 – 2060 (818) 548 – 3724 Fax

http://www.ci.glendale.ca.us/glendale housing authority.aspx

Rental assistance for low income familes, elderly, disabled & handicapped. Section 8 vouchers. Waiting list subject to closure. Waiting list currently closed to new applicants. Spanish and Armenian spoken.

# **GUIDE DOGS OF AMERICA**

13445 Glenoaks Blvd

Sylmar, CA 91342

(818) 362 - 5834

(818) 362 - 6870 Fax

http://www.guidedogsofamerica.org

Guide Dogs of America is dedicated to its mission to provide guide dogs and instruction in their use, free of charge to blind and visually imparied men and women form the United States and Canada so that they may continue to pursue their goals with increased mobility and independence. English spoken.

#### **DISABLED SPORTS USA**

Orange County

531 Heather Ave.

La Habra, CA 90631

(949) 460 - 6969

http://theachievers.org

Recreation and socialization monthly ski weekends at Mammoth, Dec-May. Serves blind, deaf, Cerebal Palsy, paraplegics, Spina Bifida, children and adults with any disability.

# FOOTHILL AUTISM ALLIANCE

P.O. Box 10193

Glendale, CA 91209

(818) 662 - 8847

http://www.foothillautism.org

A non-profit, all-volunteer organizations of parents, professionals, and care-givers, dedicated to providing education, resources, and support to the autism community. Free family resource meetings and various social events. English, Armenian, Spanish spoken.

# GLENOAKS CONVALESCENT HOSPITAL

409 W. Glenoaks Blvd

(818) 240 - 4300

(818) 247 – 0949 Fax

Ninety-nine bed hospital serves ages 35+: ambulatory, non ambulatory, and Alzheimers.

# **EMPOWER TECH**

9100 S. Sepulveda Blvd., Ste 204 Los Angeles, CA 90045

(310) 338 - 1597

(310) 338 – 9318 Fax

http://www.empowertech.org

Access to computer technology for persons with disabilities. Info & direct hands-on experience. Spanish spoken.

# HOMES FOR LIFE FOUNDATION

8939 S. Sepulveda Blvd., Ste 460

Los Angeles, CA 90045

(310) 337 - 7417

(310) 337 - 7413 Fax

http://homesforlife.org

Housing & support for adults with mental disorders. Case management, resident services coordinator. Service adults with chronic disabilies, homeless and low income. Sites located throughout L.A. County. Spanish and Tagalog spoken.

# NATIONAL MULTIPLE SCLEROSIS SOCIETY

Southern California Chapter

2440 S. Sepulveda Blvd. Ste 115

Los Angeles, CA 90064

(310) 479 - 4456

(310) 479 – 4436 Fax

http://nationalmssociety.org

Services individuals and their families with MS Services include, information & referral, special education seminars, short-term counseling, medical equipment loan, library, speakers, bureau, adaptive exercise program referral, job related workshops.

# **GOODWILL INDUSTRIES**

342 San Fernando Rd. Los Angeles, CA 90031 (323) 223 – 1211

(323) 343 – 9927 Fax

http://www.goodwillsocal.org

Services to physically, mentally, and emotionally disabled and other disadvantages such as illiteracy, homeless, former gang member, etc. Job training & placement PROGRAMS, career counseling, fully accredited high school, WIA, training in food services, janitorial, & retail. Welfare to Work training jobs. Center for Assistive Technologies, Metro North Resource Ctr., Career Advancement Ctr., Distance Learning Program., Goodwill High School, Career Evaluation Cntr., Veterans Training program. Also provides Vintage Fashion show for business, club, or groups. Spanish spoken.

# JOHN TRACY CLINIC

806 W. Adams Blvd. Los Angeles, CA 90007 (213) 748 – 5481 (213) 749 – 1651 Fax http://www.jtc.org

Family centered educational facility, serving deaf preschool children, birth-5 yrs. For familes in the L.A. area, services include audiological, evaluation, parent & infant programs, preschool programs, parent classes and support groups and a three week intensive

summer session. Located throughout L.A. County. Spaninsh and Tagalog spoken.

#### ORTHOPAEDIC HOSPITAL L.A.

403 W. Adams Blvd.

Los Angeles, CA 90007

(213)742 - 1000

(213) 742 – 1137 Fax

http://orthohospital.org

100 outpatient clinics for children with wide range of diagnosis: spina bifida, scoliosis, cerebal palsy, bone tumor, arthritis, osteogenesis imperfecta, and muscle disease.

#### **IVY GLEN APTS**

113 N. Cedar Street Glendale, CA 91206-4453 (818) 241 – 3888

http://www.abilityfirst.org/locations/locations\_accessible\_housing.aspx

Affordable rental housing for disabled. Call for more information regarding the waiting list.

# DISABILITY RIGHTS OF CALIFORNIA

350 S. Bixel St, Ste 290 Los Angeles, CA 90017 (213) 213 – 8000 (213) 427 – 8767 Fax

http://www.disabilityrightsca.org

Legal assistance to people with diabilities, including physical, developmental and psychiatric disabilites. Services include information and referral to other sources of assistance, special education services, peer, and self-advocacy training, representation in admin and judicial proceedings, investigation of abuse, neglect and legislative advocacy. Vietnamese, Chinese, Spanish, and Korean spoken.

# SPECIAL OLYMPICS SOUTHERN CALIFORNIA

6750 E. Carso St. Long Beach, CA 90808 (562) 354 – 2600 (562) 938 – 7671 Fax www.specialolympics.org

www.sosc.org

This is the admin office for all of So. CAL programs. Each county has many sports training programs and sporting events for children adults with intellectual disabilities. All atheletes are welcome. Age 2- adults sports training programs year round. Minimum age is 8 yrs to compete and miminum age is 6 yrs to practice. Spanish spoken.

#### VERDUGO VALLEY CONVALESCENT

2635 Honolulu Ave. Montrose, CA 91020 (818) 248 – 6856 (818) 248 – 6852 Fax

138 bed, serves ages 30+; ambulatory, non-ambulatory, alzheimers. Mental health specialty, Wander Guard Alarm. Spanish, Tagalog, Armenian spoken.

# WHEEL CHAIR TENNIS INFO LINE

Southern California Tennis Association

420 Charles Young Drive West

P.O. Box 240015

Los Angeles, CA 90024

(310) 208 - 3838

(310) 824 – 7691 Fax

http://www.scta.usta.com

Information & referrals to junior and adult wheelchair tennis programs for disabled youth.

# FOOTHILL SELPA

223 N. Jackson St

Glendale, CA 91206

(818) 241 – 3111 ext 509

(818) 246 - 3537 Fax

http://www.foothillselpa.org

Deaf and hard of hearing (DHH) itinerant program serves students ages 8 to 22 years who are diagnosed as deaf or DHH. CONTACT: SELPA Director. See "SELPA Los Angeles County" for description of services.

# MODERN SUPPORT SERVICES

427 Colorado Blvd., Ste. 101

Glendale, CA 91204

(855) 853 – 2300 Toll free

(818) 244 - 2677

(818) 244 – 2489 Fax

http://www.modernsupportservices.org

Community based program serving individuals with developmental disabilities. Provide supported and independent living skills. Services include case management, education, and more. Office hours are 9am-5pm, Mon-Fri; provided are 24/7. Languages include Spanish, Armenian, Farsi, and Sign Language.

# **TOBINWORLD**

920 E. Broadway Glendale, CA 91205 (818) 247 – 7474 (818) 247 – 6516 Fax http://www.tobinworld.org

A non-profit school for youth diagnosed as severely emotionally disturbed, autistic or developmentally disabled. Provides academics and behavioral psychology, grades 1-12<sup>th</sup>., independent skills program, self sufficiency skills, field trips and special events. Armenian & Spanish spoken.

#### SOCIAL SECURITY ADMINSTRATION

Glendale District 710 S. Central Ave., Ste 320 Glendale, CA 91204 (800) 772 – 1213

http://www.socialsecurity.gov

Information on Social Security, SSI benefits, SS cards, Medicare benefits & sign-up, survivor and burial benefits. Armenian, Italian, Spanish, Vietnamese, Chinese, Tagalog spoken.

# ADULT THERAPEUTIC RECREATION PROGRAM

City of Glendale: Community Services and Parks Department 820 E. Maple St. Glendale, CA 91205 (818) 548 – 3785

http://www.parks.ci.glendale.ca.us/therapeutic recreation.aspx

Recreational, educational, social & fitness activities for developmentally and learning disabled adults ages 18 and above. The program provides excursions and Monday "Get Fit" Club. Armenian, Spanish spoken.

# GLENDALE ASSOCIATION FOR THE RETARDED

**GAR Services** 

6512 San Fernando Rd.

Glendale, CA 91201

(818) 242 - 2434

(818) 242 - 3010Fax

http://www.garservices.org

GAR is dedicated to serving persons with developmental disabilities primarily related to mental retardation, cerebral palsy and epilepsy. Provides adults with developmental disabilities the opportunity through residential vocational and educational programs to achieve independence. Services are provided at Gar Services, a work training center. Alma House, David Gogian House, and Hamilton House, 3 group homes plus pastimes, a community integration program for senior clients. English, Spanish, Armenian spoken.

# DEPARTMENT OF PUBLIC SOCIAL SERVICES

IN Home Supportive Services (IHSS)

3307 N. Glenoaks Blvd.

Burbank, CA 91504

(866) 544 - 3048

(818) 557 - 4103

http://dpss.lacounty.gov/dpss/offices/default.cfm?orgid=703

In Home Supportive Service (IHSS) program helps pay for services provided to eligible persons who are legally blind, or disabled so they can remain safely in their own homes. Disabled children may also receive IHSS. Mulitple languages spoken.

# **Domestic Violence/Adult Abuse/Battered Persons Resources**

# ADULT PROTECTIVE SERVICES

L.A. Co. Community & Senior Services 3333 Wilshire Blvd. Ste 400 Los Angeles, CA 90010 (888) 202 – 4248 (213)738 – 6485 Fax

http://www.la4seniors.com

Crisis intervention for elderly & dependent adult abuse. If you know or suspect that an elderly person or a dependent adult is being abused physically, emotionally, or financially, or is being neglected by self or others, call the number above for assissance. Spanish upon request.

# YWCA OF GLENDALE

Women's Service Center

735 E. Lexington Drive

Glendale, CA 91206

(888) 999 – 7511 Abuse Hotline

(818) 242 - 4155

http://glendaleywca.org

Outreach to Armenian and Spanish Assistance to TANF/GAIN recipients that are victims of domestic violence.

# ELDER ABUSE UNIT/L.A. COUNTY

201 N. Figueroa St., 12th Floor

Los Angeles, CA 90012

(877) 477 – 3646 Elder Abuse Hotline

(888) 202 - 4248

(213) 580 - 3383

http://da.co.la.ca.us/seniors

http://css.lacounty.gov

Reports for any adult abuse including disabled adults. Adult Protective Services (APS) Central Intake.

# **ASCENCIA**

1851 Tyburn St.

Glendale, CA 91204

(818) 246 - 7900

http://www.ascenciaca.org

Emergency shelter, access center, case management, transitional housing for homeless.

# **Domestic Violence/Adult Abuse/Battered Persons Resources**

# LA COUNTY DOMESTIC VIOLENCE COUNCIL

500 West Temple St., Room B-50 Los Angeles, CA 90012 (800) 799 – 7233 Hotline (800) 978 – 3600

http://dvcouncil.lacounty.gov

Domestic Violence referral services (outreach, parenting, transitional housing, counseling, batterer's treatmnet, VAWA, etc). Community workshops and training referrals.

# ON-SITE LICENSED CLINICAL SOCIAL WORKER

1139 N. Brand Blvd., Ste. A Glendale, CA 91202 (323) 680 – 5925

http://therapists.psychologytoday.com/rms/name/Susan\_E\_Miller\_LCSW\_Glendale\_California 59567

Licensed clinical social worker providing mental health services, domestic violence, anger management counseling, senior multiple services, elder medication and parenting education. Private Insurance payment.

# **Eating Disorders & Food Addiction Services**

# **FULLER PSYHOLOGY SERVICES**

180 N. Oakland Ave.

Passadena, CA 91101

(626) 584 - 5200

(800) 235 - 2222

http://www.fuller.edu

Outpatient services for childrein, teens and adults. Individula, couple, family, and group therapy. Eating disorder counseling.

# PSYCHOTHERAPY OFFICES OF ABBE GOODMAN

Eating Disorders Treatment Program

2600 W. Olive St., Ste 500

Burbank, CA 91505

(818) 766 - 5663

(818) 599 - 5852

(818) 766 – 5669 Fax

http://www.edreferral.com/states/santa\_clarita.htm

Slef help support groups in Universal City area. Also referals for individual counseling.

# OVEREATERS ANONMOUS PASADENA

P.O. Box 1108

Pasadena CA, 91102

(818) 242 - 8913

(626) 568 - 7511

http://www.oafoothill.org

Slef help group patterned after Alcohloics Anonymous for over eating or food issues.

# **Emergency/Basic Needs Assistance Resources**

# AMERICAN RED CROSS/GLENDALE

Glendale-Crescenta Valley Chapter

1501 S. Brand Blvd.

Glendale, CA 91204

(818) 243 - 3121

(818) 240 - 2899Fax

http://www.redcross.org/ca/glendale

First Aid and CPR training for individuals and businesses. Disaster Relief for children and adult victims of home fires or other catastrophes. Earthquake preparedness training for all ages. Spanish, Armenian, Russian spoken

#### ARMENIAN RELIEF SOCIETY OF WESTERN U.S.A.

517 W. Glenoaks Blvd.

Glendale, CA 91202

(818) 500 - 1343

http://www.arswestusa.org

Employment referral, placement, translation, training & vocational counseling. Free job listings to employers looking for qualified workers. Also assists with housing assistance. Walk-in-or call. Armenian, Farsi, Arabic, French, Russian spoken.

# CATHOLIC CHARITIES COMMUNITY SERVICES

Glendale Community Center

4322 San Fernando Rd.

Glendale, CA 91204

(818) 409 - 3080

(818) 956 – 1857 Fax

http://www.catholiccharitiesla.org/where-we-are/program-directory-by-city.html

Emergency food, clothing, emergency assistance & case management, at-risk youth services, immigration and citizenship services. Refugee resettlement program. Food pantry. Spanish, Armenian, Farsi, French spoken.

#### L.A. CO. DEPARTMENT OF PUBLIC SOCIAL SERVICE

Glendale District

4680 San Fernando Rd.

Glendale, CA 91204

(866) 613 – 3777 Toll free

(818) 546 - 6100

(818) 546 – 1244 Fax

http://www.ladpss.org

Administer CalWORKs. TANF, Medi-Cal, GR, food stamps, Refugee Assistance, Walk-in-or call.

# **Emergency/Basic Needs Assistance Resources**

# L.A. REGIONAL FOODBANK

1734 E. 41<sup>st</sup> Street

Los Angeles, CA 90058-1502

(323) 234 - 3030

(323) 234 - 0943 Fax

http://www.lafoodbank.org

Food bank for nonprofit agencies (no direct food distribution to needy). Items include: produce & canned goods.

# **CATHOLIC CHARITIES**

Loaves and Fishes

4322 San Fernando Rd.

Glendale, CA 91204

(818) 409 - 3080

(818) 956 – 1857 Fax

http://www.catholiccharitiesusa.org

Immigration Services Program, Food pantry, Spanish, Armenian, Farsi, German spoken.

# **SALVATION ARMY**

Glendale Corps & Social Services

320 W. Windsor Rd.

Glendale, CA 91204

(818) 246 - 5586

(818) 246 – 2419 Fax

http://www.glendalecorps.org

Emergency food, transitional shelter & clothing. Utility payment assistance when funds are available. Walk-in or call. Spanish spoken.

# SOCIETY OF ST. VINCENT DE PAUL

Council of Los Angeles Inc.

210 N. Avenue 21

Los Angeles, CA 90031-1713

(323) 224 - 6280

(323) 225 - 4997 Fax

http://www.svdpla.org

Lay Catholic organization whose members, all volunteers, work out of Catholic churches and Catholic-Korean centers.

# **Employment Placement/Job Training Resources**

# THE DREAM CENTER

1100 Glendale, Blvd.

Los Angeles, CA 90026

(213) 273 - 7000

(213) 273 – 7284 Fax

http://www.dreamcenter.org

Christian based outreach and community programs. Residential adult recovery. CA certified youth residential (12-17 yrs).

# AAA HOARDING AND BIO-HAZARD REMOVAL

847 Mobil Ave. Camarillo, CA 93010

(800) 818-6493

http://www.aaahoardingbiohazard.com

http://www.aaacrimescene.com

Removal- disinfecting bio hazards and hoarding. English spoken.

# ARMENIAN RELIEF SOCIETY

Western Region USA

517 W. Glenoaks Blvd.

Glendale, CA 91202

(818) 500 - 1343

818-242 – 3732 Fax

http://ars1910.org

Employment referral, placement, translation, training and vocational counseling. Free job listings to employers looking for qualified workers. Also assist with housing and emergency needs. Walk-in or appointment. Farsi, Armenian, Arabic, French, Russian spoken.

# CALIF DEPARTMENT OF REHABILITATION

Glendale/Burbank Branch Office

425 W. Broadway, Ste 200

Glendale, CA 91204

(818) 551 - 2141

(818) 551 - 2148 Fax

http://www.rehab.cahwnet.gov

Assist people with all types of disabilities to retain employment and live independently. Services include: vocational rehabilitation (training, education, transportation, job placement), assistive technology, deaf & hearing services, blind services, and technical assistance. Spanish spoken.

# **Employment Placement/Job Training Resources**

# EMPLOYMENT DEVELOPMENT DEPARTMENT/JOB SERVICES

Verdugo Job Center 1255 S. Central Ave. Glendale, CA 91204-2597 (818) 409 – 0476 (818) 409 – 0496 Fax

# http://www.verdugojobscenter.org

State sponsored employment service. Assist job seekers and employers. Provide no fee job search; placement services. Services include: access to the Internet, word processing, Interview skills, and Veterans workshops. Spanish, Armenian spoken.

#### GLENDALE ASSOCIATION FOR THE RETARTED

**GAR Services** 

6512 San Fernando Rd.

Glendale, CA 91201

(818) 242 - 2434

(818) 242 - 3010 Fax

http://www.garservices.org

Dedicated to serving persons with developmental disabilities primarily related to mental retardation, cerebral palsy and epilepsy. Provides adults with developmental disabilities the opportunity through residential vocational and educational programs to achieve independence. Services are provided at Gar Services, a work training center. Alma House, David Gogian House, and Hamilton House, 3 group homes plus pastimes, a community integration program for senior clients. English, Spanish, Armenian spoken.

#### GLENDALE COMMUNITY COLLEGE / EOPS

1500 N. Verdugo Rd.

Glendale, CA 91208-2894

(818) 240 – 1000 Ext. 6900

(818) 244 - 8742 Fax

http://www.glendale.edu/index.aspx?page=157

Extended Opportunity Program & Services offers information & referral, counseling, Extended Opportunity Program grants, book vouchers, priority registration, tutoring, mentoring, student work program, emergency no interest loans, transfer fee waiver, CARE is a special Extended Opportunity Program & Services program for single parents (all ages) receiving government financial assistance & helps with childcare, gas cards & many other services. Program for youth 16-21 years emancipating from foster care or seeking to live independent of their guardians. Spanish, Armenian, Farsi, Arabic, Russian, French, Korean spoken.

# **Employment Placement/Job Training Resources**

# GLENDALE YOUTH ALLIANCE

Verdugo Job Center-GYA 1255 S. Central Ave Glendale, CA 91204 (818) 548 – 2791 (818) 937 – 8070 Fax

http://www.glendaleyouthalliance.org/index.html

Glendale Youth Alliance was established in 1993 with a mission to provide jobs and employment preparedness training for at-risk youth ages 14-21. GYA operates six programs and serves a total of 450 youth every year. English, Spanish, Armenian, Italian spoken.

# EMPLOYMENT DEVELOPMENT DEPT. WORKFORCE SERVICES

Verdugo Job Center 1255 S. Central Ave Glendale, CA 91204 (818) 409 – 0441 (818) 242 – 4076 Fax http://www.edd.ca.gov

Assist job seekers in job preparation, answer general EDD program questions (i.e. Unemployment Insurance), and assist employers with recruitment and job order placement as well as providing additional resources. English, Spanish, Armenian, Russian spoken.

# **JOB CORPS**

1020 S. Olive St. Los Angeles, CA 90015 (213) 748 – 0135 (213) 741 – 5359

http://www.jobcorps.gov/centers/ca.aspx

Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a job. For eligible youth 16-24 years of age Job Corp provides the all-around skills needed to succeed in a career and in life. For those interested in joining, call (800) 733-5627 for more information.

# AIDS HEALTHCARE FOUNDATION

1300 N. Vermont Ave., Ste 407

Los Angeles, CA 90027

(323) 662 - 0492

(323) 662 - 0196 Fax

http://hivcare.org

Services to maximize health & well being at all stages of HIV. Patients receive primary care from bilingual professionals. Access to full impatient & outpatient facilities. AHF Patients only may call (800) 797-1717. Spanish spoken.

# ALTAMED HEALTH SERVICES CORP

Daniel Lara HIV Clinic

5427 Whittier Blvd.

Los Angeles, CA 90022

(323) 869 - 5448

(323) 869 – 5427 Fax

http://www.altamed.org/contact altamed/los angeles county locations

Free medical and social services provided to those living with HIV or AIDS. Provides confidential testing & treatment, mental health, in home supportive services, food vouchers, prevention, education, housing & community outreach.

#### **COVENANT HOUSE CALIFORNIA**

1325 N. Western Avenue

Hollywood, CA 90028

(323) 461-3131

(323) 957-2464 Fax

http://covenanthousecalifornia.org

104 bed crisis shelter and transitional program for youth. Shelter, HIV/AIDS education & counseling, van outreach, case management, health services, mental health services, substance abuse counseling & employment assistance. Spanish spoken.

#### THE SABAN FREE CLINIC

**HIV Testing & Counseling Services** 

8405 Beverly Blvd

Los Angeles, CA 90048

(323) 653 – 1990 Appointment Line

(323) 653 - 8622

(323) 658 - 6773 Fax

http://www.sabancommunityclinic.org

Services referrals, anonymous oral HIV testing with pre-and-post-test, dental care, health care services, mental health and social services, community outreach.

# NECESSITIES OF LIFE/FOOD BANK

611 S. Kingsley Dr.

Los Angeles, CA 90005

 $(213)\ 201 - 1586$ 

(213) 201 - 1464 Fax

www.apla.org

Groceries provided to low income individuals living with HIV/AIDS. Also offer hygienic products, cleaning supplies, and one-on-one nutrition counseling. Accepts referrals from other AIDS services providers. Spanish spoken.

# CHILDREN'S HOSPITAL L.A DIVISION OF ADOLESCENT MEDICAL

5000 W. Sunset Blvd., 4<sup>th</sup> Floor Ste. 400

Los Angeles, CA 90005

 $(323)\ 361 - 2153$ 

(323) 953 – 8116 Fax

www.chla.org/site/c.ipINKTOAJsG/b.3750929

Adolescent medicine include free comprehensive healthcare for youth ages 12-23 yrs living with HIV, case management, individuals & group counseling, nutritional assessment, health education, transportation assistance, clinical trials, outpatient psychiatric services. Risk Reduction Program provides HIV counseling, testing and prevention services targeting young women & young men with same sex partners. The Transgender Harm Reduction Program provides prevention case management, mental health services, hormone treatment for transgender youth.

# **FAMILY PLANNING CLINIC**

Ruth Temple Health Center

3834 S. Western Ave

(323) 730 - 3507

(213) 730 – 9777 Fax

www.fpamg.net

Provides primary healthcare and AIDS/STD testing. Spanish spoken.

# **CLEAN NEEDLES NOW**

626 N. Alvarado St.

Los Angeles, CA 90026

(213) 483 - 5846

http://www.cleanneedlesnow.org

http://www.lachop.org/Home.html

Clean needles exchange services provided to HIV drug users at various locations throughout the County. Treatment referrals, medical care, legal advocacy.

# AIDS PROJECT L.A./RESIDENTIAL

Health & Wellness Center 3743 S. La Brea Ave Los Angeles, CA 90016 (323) 329 – 9900 (323) 294 – 3949 Fax

# http://www.apla.org

Information provided to persons living with HIV/AIDS and their families & to HIV/AIDS service providers assisting their clients in accessing housing. The program offer referrals to an array of housing related services & housing options in L.A. County, including housing, apt listings, emergency shelters, transitional housing, residential programs, emergency housing & meal voucher programs, rental assistance programs, voicemail box services, prepaid phone cards,. Spanish spoken.

# HEMOPHILIA FOUNDATION OF SO CALIF

6720 Melrose Ave. Hollywood, CA 90038

(800) 371 – 4123 Toll free

(323) 525 - 0440

(323) 525 - 0445 Fax

# http://hemosocal.org

Info & referral services related to hemophilia, HIV/AIDS and hepatitis C, summer camp, youth program, adult support programs, emergency financial assistance, medic alert sponsorship, scholarships, information seminars, family retreats, holiday parties, and counseling referrals.

# FAMILY PLANNING ASSOCIATES MEDICAL GROUP

372 W. Arden Ave., Ste 200 & 202

Glendale CA, 91203

(818) 502 - 1341

(818) 502 – 9191 Fax

#### www.fpamg.net

A presumptive eligibility screening. Early pregnancy testing. The Morning-After Pill, birth control, gynecological exam, information on methods, surgical, and non-surgical abortion, first trimester, dilation/curettage, general or local anesthesia, second trimester, dilation and extraction. Sterilization by tubal cauterization. Spanish, Korean, Armenian, Russian, Chinese, Tagalog, Vietnamese, Hmong spoken.

# NORTHEAST COMMUNITY CLINIC

5428 N. Figueroa St.

Los Angeles, CA 90042

(323) 457 - 6900

(323) 256 - 3884

(323) 258 - 6307 Fax

# http://neccmed.org

Family planning, birth control, free pregnancy testing & counseling, confidential HIV testing, STD clinic, pediatrics, well baby exams, WIC, free immunizations, CHDP, school & sports physicals, child illness, OB care, Medi-Cal eligibility worker on site; general medicine, diabetic screening, TB screening, mammograms, utlrasounds, nutritionist, tattoo removal program, call for orientation. Spanish spoken.

# MARCH OF DIMES BIRTH DEFECTS FOUNDATION

So. Cal Chapter Programs Services

700 N. Brand Blvd. Ste. 950

Glendale, CA 91203

(818) 539 - 2195

(213) 637 - 5055 Fax

# http://www.marchofdimes.com

Goal is to improve the health of babies by preventing birth defects, premature births and infant mortality. Supports campaign for healthier babies, programs of research, community services, education and advocacy. Grants, information & referrals, speaker's bureau, visiting professorship in nursing, worksite programs including Babies and You. Spanish spoken.

# **AVENUES PREGNANCY CLINIC**

1911 W. Glenoaks Blvd., Ste A

Glendale, CA 91201

(818) 843 - 0424

(818) 334 - 2804 Fax

# http://avenuespregnancyclinic.com

Free pregnancy test and free ultra sounds. Abortion and after abortion information and counsel. Ob-Gyn referral, STD referral, adoption referral, housing referral, and support group referrals for moms. English and Spanish spoken.

# Family Planning/Pregnancy/STDs Resources BURBANK HEALTH CENTER 916 W. Burbank Blvd., #M Burbank, CA 91506 (800) 576 – 5544 (818) 841 - 3820 Fax <a href="http://www.plannedparenthood.org">http://www.plannedparenthood.org</a> Reproductive health care clinic. Pregnancy testing & counseling, educational programs, Pap smears, STD testing & treatment, cancer screening, and birth control. Spanish spoken.

# Financial/Budgets/Emergency Funds Resources

# **COMMUNITY ENHANCEMENT SERVICES**

Weatherization Department

16743 Schoenborn Street North Hills, CA 91343

(818) 894 - 8121

(818) 894 – 1329 Fax

http://cesinla.com

Energy conservation HEAP & weatherization programs designed for disabled, elderly and low income. Water conservation program provides free ultra flow toilets to eligible residential customers. Furnace repair & replacement program.

# L.A. COUNTY CHILD SUPPORT SERVICES

Bureau of Family Support Division I

15531 Ventura Blvd.

Encino, CA 91463

(866) 901 - 3212

http://www.childsupport.com

Establishes paternity and child support order, collect child & spousal payments, and modify orders and provide medical enforcement services. This office serves San Fernando Valley, Antelope Valley, Glendale, Burbank, West Los Angeles, Santa Monica, Venice. Spanish spoken.

# LIFE SERVICES INC.

P.O. Box 4097

Glendale, CA 91222

(818) 547 - 0585

(818) 547 – 1093 Fax

http://lifeservicesinc.org

Complete personalized care encompassing medical, financial, social, spiritual, and psychiatric needs for seniors 60+ yrs. Services include: life care planning, personalized care, professional conservatorship (a guardian), trust management, estate administration & referrals. Chinese & Spanish spoken.

# Financial/Budgets/Emergency Funds Resources

# LOS ANGELES COUNTY DEPARTMENT OF PUBLIC SOCIAL SERVICES - GLENDALE

Glendale District

4680 San Fernando Rd.

Glendale, CA 91204

(866) 613 – 3777 Toll free

(818) 546 - 6100

(818) 546 – 1244 Fax

http://dpss.lacounty.gov/dpss/offices/default.cfm?orgid=325

Administers CalWORKS, TANF, Medi-Cal, GR, food stamps, Refugee Assistance. Walkin or call for appointment.

# JEWISH FREE LOAN ASSOCIATION

6505 Wilshire Blvd., Ste. 715

Los Angeles, CA 90048

(323) 761 - 8830

(323) 761 – 8841 Fax

http://www.jfla.org

Offers interest-free loans on a non-sectarian basis to individuals and families whose needs are urgent and who may not qualify through normal financial resources. Interest-free loan fill an important gap in our social system by promoting dignity and self-sufficiency.

# **OPERATION HOPE, INC.**

707 Wilshire Blvd., 30<sup>th</sup> Floor

Los Angeles, CA 90017

(213)489 - 7511

(213)891 - 2900

http://www.operationhope.org/losangeles

Self-help organization. Promotes economic self-suffciency within inner city communities. Banking On Our Future Program teaches students how banking, investments & credit works. Also home ownership program, credit counseling, banking centers.

# LOS ANGELES COUNTY ALIMONY CHILD SUPPORT

Los Angeles County District Attorney

210 W. Temple Street

Los Angeles, CA 90012

(866) 901 - 3212

Opening a case, finding parents, establishing a legal parent-child relationship, establishing child and medical support orders, and enforcing support and orders at no or little cost to you.

# Financial/Budgets/Emergency Funds Resources

# LOS ANGELES COUNTY ALIMONY CHILD SUPPORT

Los Angeles County District Attorney 210 W. Temple Street Los Angeles, CA 90012 (866) 901 – 3212

Opening a case, finding parents, establishing a legal parent-child relationship, establishing child and medical support orders, and enforcing support and orders at no or little cost to you.

# SOCIAL SECURITY ADMINISTRATION

Glendale District 710 S. Central Ave., Ste 320 Glendale, CA 91204 (855) 886 – 9633 (800) 772 – 1213 National Hotline http://www.socialsecurity.gov

Information on Social Security, SSI benefits, SS cards, Medicare benefits & sign-up, survivor and burial benefits. Armenian, Italian, Spanish, Vietnamese, Chinese, Tagalog spoken.

# **Health Care/Medical Resources**

# AIDS FOUNDATION (AFA)

Aid for Aids

8235 Santa Monica Blvd., Ste 200

West Hollywood, CA 90046

(323) 656 - 1107

(323) 650 – 4323 Fax

http://aidforaids.net

For those eligible with HIV and AIDS in Los Angeles County, we provide housing assistance, help paying rent and utilities, food and groceries, and a pharmacy program to help with some over-the counter medications, vitamins, and nutritional supplements.

# AMERICAN HEART ASSOCIATION/AMERICAN STROKE ASSOCIATION

816 S. Figueroa St.

Los Angeles, CA 90017

(213) 291 - 7000

(213) 291 - 7005 Fax

http://www.heart.org

Provides education on the prevention and treatment of heart disease, stroke, and other cardiovascular diseases at schools, work sites, and in the community, including underserved and at-risk populations. It also offers professional education and training on best practices to treating cardiovascular diseases. In addition, the Association provides referrals to community-based CPR, First Aid training and AED (automated external defibrillator) training centers that meet the standards of the AHA. The association also offers resources and information on cardiovascular health. English, Spanish spoken.

#### AMERICAN RED CROSS

Glendale/Crescenta Valley Chapter

1501 S. Brand Blvd

Glendale, CA 91204

(818) 243 - 3121

http://www.redcross.org/ca/glendale

info@arcglendale.org

Disaster relief, First Aid, CPR, safety courses including disaster preparedness.

# USC VERDUGO HILLS HOSPITAL

1812 Verdugo Blvd.

Glendale, CA 91208

(818) 790 - 7100

http://www.uscvhh.org

# AMERICAN BREATH MOBILE ASSOCIATION

3535 Wilshire Blvd., Ste. 350 Los Angeles, CA 90010 (323) 937 – 7859 (866) 324 – 8074 Fax

http://breathmobile.org

ABMA is dedicated to controlling asthma and allergic diseases for millions of sufferers. To carry out this mission, we educate individuals and organizations on steps that can be taken to improve sufferers quality of life, support medical research and specialized training for the heatlhcare community, increase public awareness of the severity of asthma and allergic diseases, as well as provide medication and treatment to the under-served. We proivde asthma related services through out Breathmobile program and Camp Nomowheezin.' The California Chapter of ABMA was established in 1976 and is the largest chapter in the naitonwide network. English and Spainsh spoken.

#### **ALZHEIMER'S ASSOCIATION**

California Southland 4221 Wilshire Blvd., Ste 400 Los Angeles, CA 90010 (800) 272 – 3900 (323) 938 – 3379 (323) 938 – 1036 Fax http://www.alz.org/socal

Information about disease and related disorders. Referral to day care, diagnostic centers, support groups, legal services, case management, home health agencies, physicians, nursing homes, etc. Educational events throughout the community for lay and professionals. Funding: donations, non-profit, foundations, grants. English and Spanish spoken. Most services are free. 24 Hour Helpline.

# AMERICAN LUNG ASSOCIATION

Los Angeles Office 3325 Wilshire Blvd., Ste 900 Los Angeles, CA 90010 (213) 384 – 5864 (866) 881 – 7865 Fax

http://www.lung.org/associations/states/california

The American Lung Association in California provides education and assistance to children and adults who are affected by lung disease such as asthma, lung cancer, and other chronic lung illnessses. The American Lung Association in California helps people quit smoking and advocates for policies to ensure a legacy of healthy air and lungs for all Californians.

# AIDS SERVICE CENTER (ASC)

65 N. Raymond Ave., Ste 240

Pasadena, CA 91103

(626)744 - 6140

(626) 744 - 6335 Fax

http://www.aidsservicecenter.org

Benefits advocacy, treatment adherence, transportation, mental health services, food pantry, case management, housing legal services, short-term rent/mortage & utility assistance and permanent housing.

# AMERICAN CANCER SOCIETY CALIFORNIA

San Fernando Valley Unit

500 N. Victory Blvd.

Burbank, CA 91502

(818) 905 - 7766

(818) 953 – 9055 Fax

http://www.cancer.org

Guidance, information & referrals for patients and families, support groups, medical equipment loans, tranport to treatments, volunteer programs. Education prevention and risk reduction including nutrition, breast, colorectal, lung, prostate, and cervical health cancer. Tobacco education. Spanish, Korean, Chinese and Vietnamese spoken.

#### APDA INFORMATION & REFERRAL CENTER

Cedar-Sinai Medical Center

8700 Beverly Blvd. Rm. 8215

Los Angeles, CA 90048

(877) 233 – 3277 Toll free

(310) 423 - 7933

http://parkinsonla.org

Services are for people with Parkinson's disease, their families and caregivers, and include physican and services referrals, support groups, free educational materials and programs.

#### URDC HUMAN SERVICES CORPORATION

Bill Moore Community Health Clinic

1460 N. Lake Ave., Ste 105

Pasadena, CA 91104

(626) 398 - 3796

(626) 398 – 3895 Fax

The Bill Moore Community Health Clinic is a state licensed community clinic which provides free or low cost primary health care services to low income and indigent children, adults and seniors.

#### URDC HUMAN SERVICES CORPORATION

Bill Moore Community Health Clinic

1460 N. Lake Ave., Ste 105

Pasadena, CA 91104

(626) 398 - 3796

(626) 398 – 3895 Fax

The Bill Moore Community Health Clinic is a state licensed community clinic which provides free or low cost primary health care services to low income and indigent children, adults and seniors.

#### CONVALESCENT AID SOCIETY

3255 E. Foothill Blvd.

Pasadena, CA 91107

(626) 793 - 1696

http://cas1.org/wp

Durable Medical equipment on loan for in-home use. In continuous operation since 1923, the Convalescent Aid Society provides assistance to residents needing durbale medical equipment for in-home use at no charge and without time restraints.

# T.H.E. CLINIC.INC

3834 S. Western Ave.

Los Angeles, CA 90062

(323) 730 - 1920

(323) 730 – 9777 Fax

http://www.theclinicinc.org

We provide high quality low-cost primary health care services at four locations to children, teens, and adults. Language translation services available.

#### CITY OF HOPE NATIONAL MEDICAL CENTER

1500 E. Duarte Road

Duarte, CA 91010

(626) 256 - 4673

(800) 826 – 4673 Insurance

http://www.cityofhope.org

City of Hope is a leading research, treatment, and education center for cancer, diabetes, and other life-threatening diseases. It is designed as a National Cancer Institute Comprehensive Cancer Center and is a founding member of the National Comprehensive Cancer Network.

# **CANCER CONTROL SOCIETY**

Alternative Theapies 2043 N. Berendo St. Los Angeles, CA 90027 (323) 663 – 7801 (323) 663 – 7757 Fax

http://www.cancercontrolsociety.com

Educational information on Alternative Therapies for cancer and other diseases. Features Annual Cancer Convention, Labor Day Weekend at The Sheraton Universal Hotel. English spoken.

#### GLENDALE ADVENTIST MEDICAL CENTER

1509 Wilson Terrace Glendale, CA 91206 (818) 409 – 8000

http://www.glendaleadventist.com

General health and counseling and education.

# **GLENDALE HEALTHY KIDS**

735 E. Lexington Dr. Glendale, CA 91206 (818) 548 – 7931 (818) 484 – 2625 Fax

http://www.glendalehealthykids.org

Provides access to medical, dental and mental health services for kids 2-18. Includes vision and hearing services. Clients must be low income and/or underinsured. Educational workshops provided in oral health, nurition, and asthma. English, Armenian, Spanish, Korean spoken.

#### CENTRAL HEARING CENTER

633 N. Central Ave., Ste 106 Glendale, CA 91203 (818) 247 – 1234 (818) 247 – 4203 Fax

http://www.centralhearingaids.com

Under the direction of Thomas Higgins, M.A., C.C.C., dedicated to give the professional services required to aid the patient in both the diagnostic and rehabilitation process of hearing tests and hearing aids. Consultations regarding hearing aids and hearing problems are encouraged, all insurance plans covered.

# **GLENDALE ADVENTIST - EDUCATION**

**Community Education** 

1509 Wilson Terrace

Glendale, CA 91206

(818) 409 - 8100

(818) 545 - 1870Fax

http://www.glendaleadventist.com

Heart check, comprehensive cholesterol screening and heart risk screening. Lamaze classes, family focus education, infant/toddler safety, maternity orientation, postnatal exercise, baby care basics.

#### CENTER FOR HEALTH CARE RIGHTS

520 S. La Fayette Park Pl., Ste 214

Los Angeles, CA 90057

(213) 383 - 4519

(800) 824 - 0780

(213) 383 – 4598 Fax

http://www.cahealthadvocates.org/HICAP/losangeles.html

The Center for Health Care Rights assists Medicare beneficiaries with their questions about the Medicare program, health insurance questions, and any existing insurance coverage. Provides free telephone hotline and presentations throughout LA county. We do not sell insurance. Tagalog, Spanish, and Korean spoken. Interpretation services for all other languages used.

#### **GLENDALE HEALTH CENTER**

501 N. Glendale Ave.

Glendale, CA 91206

(818) 500 - 5762

(818) 244 - 0876Fax

http://www.valleyccc.org/members.php?id=39

LA County Public Health Center provide immunizations and testing for TB and treatment of TB. Flu shots are available as well. No charge for immunizations. Low cost for TB tests and x-rays. English, Spanish, Armenian spoken.

# GLENDALE COMMUNITY FREE HEALTH CLINIC

134 N. Kenwood St., Ste. 300 Glendale, CA 91206 (818) 245 – 8109 (818) 244 – 0876 Fax

http://www.glendaleclinic.org

Clinic is open only on Tuesdays from 5:00 p.m. to 8:00 p.m. By appointment, limited walk-ins accepted. Provides mammogram screenings for women under age 40. Prescription renewal requests may be called in at (818) 245 – 8109 until Saturday for Tuesday pickup.

#### GLENDALE MEMORIAL HOSPITAL

1420 S. Central Ave. Glendale, CA 91204 (818) 502 – 1900

http://www.glendalememorialhospital.org/index.htm

Glendale Memorial Hospital is a 334-bed acute care community hopsital. We are proud to offer quality services and programs, including our Heart Center, Colorectal Surgery Institute, Marcia Ray Breast Center, Women's Center, as well as orthopedics and spine surgery, rehabilitation, general surgery and emergency services. "Like Us" on Facebookwww.gmhfacebook.com. English, Spanish, Armenian, Korean, Tagalog spoken.

#### GLENDALE HEALTHY START

Glendale Unified School District 223 N. Jackson St. Glendale, CA 91206 (818) 242 – 3111 (818) 242 – 4213 Fax http://www.gusd.net

Basic needs:emergency food, clothing, and assistance with transportation. Health services: linking students to school-site nurses and community based healthcare providers. Enroll families in various health insurance programs. Academic-Educational services: tutoring resources, academic counseling and referrals to mental health services. Family Functioning services: provide family support and advocacy, referral to public assistance, parenting classes, and referral to emplyoment programs. English, Spanish, Armenian spoken.

# NORTHEAST COMMUNITY CLINIC

428 N. Figueroa St.

Los Angeles, CA 90042

(323) 256 - 3884

(323) 258 – 6307 Fax

http://www.northeastcommunityclinics.com

Family planning, birth control, free pregnancy testing & counseling, confidential HIV testing, STD clinic, pediatrics, well baby exams, WIC, free immunizations, CHDP, school & sports physicals, child illness, prenatal, complete OB care, Medi-Cal eligibility worker on site; general medicine, diabetic screening, TB screening, mamograms, ultrasounds, nutritionist, Tattoo removal program. Call for orientation. Spanish spoken.

# PLANNED PARENTHOOD EXPRESS

1578 W. Colorado Blvd.

Los Angeles, CA 90041

(323) 256 - 1717

(626)794 - 5737

(323) 256 - 0026 Fax

http://www.plannedparenthood.org

Provides reproductive health care, education, and family planning services to Northern San Gabriel Valley.

# ARROYO VISTA FAMILY HEALTH CENTER

6000 N. Figueroa St.

Los Angeles, CA 90042

(323) 254 - 5291

(323) 254 – 4618 Fax

http://www.arroyovista.org

Primary health care services: medical, dental, optometry, lab, x-ray, pharmacy, mammograms, prental care, pediatries, adult medicine & podiatry. Medicare, Medi-Cal, sliding fee scale.

# STROKE ASSOCIATION OF SOUTHERN CALIFORNIA

P.O. Box 2098

Santa Monica, CA 90406

(310) 575 - 1699

(310) 575 - 1696 Fax

http://www.strokesocal.org

Support groups for stroke survivors and caregivers, phone helpline, home & hospital visitations, information & referral, literature available, volunteers needed.

# L.A. CARE

1055 W. 7<sup>th</sup> St., 10<sup>th</sup> Floor

Los Angeles, CA 90017

(213) 694 - 1250

(888) 452 - 2273

(213) 694 – 1246 Fax

http://www.lacare.org

Call for information on general relief and Community Health Care Plan for L.A. County residents who are on Medi-Cal.

#### MAKE-A-WISH FOUNDATION

1875 Century Park East, Ste 950

Los Angeles, CA 90067

(310) 788 - 9474

(800) 322 - 9474

(310) 785 – 9474 Fax

http://wish.org

Volunteer opportunities dedicated to granting the wishes of children between the ages of 2 ½ to 18 yrs of age with a life threatening illness.

# STARLIGHT STARBRIGHT CHILDRENS FOUNDATION

2049 Century Park E. #4320

Los Angeles, CA 90067

(310) 479 - 1212

(800) 315 - 2580

(310) 479 - 1235

http://www.starlight.org

Community support group & resources to patients, parents & healthcare professional understand specific diseases and various related procedures.

# **High Risk Youth Program Resources**

#### **BREAK THE CYCLE**

5777 W. Century Blvd., Ste 1150 Los Angeles, CA 90045 (310) 286 – 3366 (310) 286 – 3386 Fax

https://www.breakthecycle.org

Preventative education, advocacy & support on issues of dating & domestic violence. Spanish spoken.

# OPTOMIST YOUTH HOMES AND FAMILY SERVICES

6957 N. Figueroa St. Los Angeles, CA 90042 (323) 341 – 7810 (323) 443 – 3264 Fax

# www.oyhfs.org

24-hr residential mental health treatment services for male adolescents ages 12-18 yrs. Main campus in Highland Park. 7 group homes in L.A., Orange & San Bernadino Counties. Non-public school, mental health services foster family agency, adoptions and aftercare programs. Refferals through the courts. Limited private placements. Accredited by the Council on Accreditation. Spanish, Vietnamese, and Farsi spoken. Call for bed availability.

#### LOS ANGELES CONSERVATION CORPS

Afterschool Programs/Tutoring & Mentoring 605 W. Olympic Blvd., Ste 450 Los Angeles, CA 90015 (213) 362 – 9000 (213) 362 – 7957 Fax

http://www.lacorps.org

Program fosters education experience among students K-8<sup>th</sup> grades. In-class & pull out tutoring, afterschool & intercession education, enrichment activities.

### FOOTHILL FAMILY SERVICES

2500 E. Foothill Blvd., Ste. 300 Pasadena, CA 91107 (626) 564 – 1613

http://www.foothillfamily.org/MentalHealthCounseling.php

Individual, family and group counseling for all ages. Child abuse treatment, parenting classes, domestic violence treatment groups and service for women, children and teen victims of domestic violence. Family centered program and case management for pregnant and parenting teens, teen pregnancy prevention program.

# **High Risk Youth Program Resources**

#### ROSEMARY CHILDREN'S SERVICES

3244 E. Green St.

Pasadena, CA 91107

(626)795 - 7218

(626) 449 – 9128 Fax

http://www.rosemarychildren.org

Residential treatment & independent living programs (teens), treatment foster care (infants-17 years), includes individual, group family counseling. Short-term emergency care, non-public school on-site, family reunification, substance abuse program. Serves abused children and wards of the court. Accepts emotionally disturbed children. Referrals by Children's Services & Probation Departments. Spanish spoke

#### CASA LIBRE/FREEDOM HOUSE

845 S. Lake St.

Los Angeles, CA 90057

(213) 388 - 8693

(213) 637 - 5814

(213) 386 – 9484 Fax

http://casa-libre.org

Casa Libre/Freedom house is a long term emergency shelter for minors without homes, including unaccompanied immigrant and refugee children. English and Spanish spoken.

#### ASSISTANCE LEAGUE OF GLENDALE

314 E. Harvard St.

Glendale, CA 91205

(818) 247 - 4296

(818) 247 – 4451 Fax

http://www.alglendale.org

Operation School Bell provides clothing, health kits and books for children in need in the Glendale Unified School District. Foster Friends provides supplies for children placed into foster care. SAT Seminars provides instructors and study materials to help students prepare for the SAT examination. Scholarhsips to Glendale High School and Glendale Community College students.

# BIG BROTHERS, BIG SISTERS OF GREATER L.A.

800 S. Ferguson St. Ste. 620

Los Angeles, CA 90017

(800) 207 – 7567 Toll free

(213) 481 - 3611

http://www.bbbs.org

Mentorship program serving all of L.A. County.

# **High Risk Youth Program Resources**

#### PARENT & TEEN SUPPORT PROGRAM

Daily High School 220 N. Kenwood Glendale, CA 91026 (800) 367 – 8336 Crisis Line

http://actionfamilycounseling.com

A Parent and Teen Support Program created to offer each other support and practical solutions to problems. When parents are meeting, the teens attend an ACTION Teen Group. There groups are led by counselors experienced in working with young people. In addittion to their weekly support groups, they provide the following services: Individual/Family Therapy, Low-Cost Drug Testing, immidiate inpatient and outpatient referrals, emergency, crisis team, crisis intervention, and 24 Hour helpline. Free of charge.

#### WE CARE FOR YOUTH

P.O. Box 10399
Glendale, CA 91209
(818) 919 – 8896 Linda Maxwell
(818) 445 – 7979 Jose Quintanar
Bliss Unlimited
Burbank Town Center
201 E. Magnolia Blvd. #354
Burbank, CA 91501
(818) 846 – 3047

http://wecareforyouth.org

Mentorship program through the use of employment services, professional career development and character building, life-skills and employment readiness training, & job placement.

#### SARGES COMMUNITY BASE, INC.

1920 N. Lake Ave., Ste. 104 Altadena, CA 91001 (626) 797 – 4882 (626) 628 – 2183 Fax

http://sargescommunitybase.org

Commit to Achieve Youth Boot Camp, specifically designed for youth form ages 7-17 years old. It is an extensive boot camp held during or after school hours and every Saturday for six months. Core components include academics, anger management, discipline dirills, drug and alcohol prevention, gang prevention and intervention, leadership training, life skills, mentoring, physical training and conditioning, self development courses, and self-esteem building blocks and a host of business professional guest speakers.

#### A COMMUNITY OF FRIENDS

3701 Wilshire Blvd., Ste 700 Los Angeles, CA 90010 (213) 480 – 0809

(213) 480 - 4189 Fax

http://www.acof.org

Permanent affordable housing to homeless & mentally ill adults, and other special need populations. Some family units available. On-site residential service coordinators provide case management , advocacy & assistance with independing living skills to residents. Housing units located throughout L.A. Referrals are only accepted from service providers or case managers, client self-referrals not accepted.

#### **FAMILY TOGETHER**

Union Rescue Mission 545 S. San Pedro Street Los Angeles, CA 90013 (213) 347 – 6300 (213) 612 – 0260

http://urm.org

Long-term Christian based transitional program. Single parents with children welcome. Address of program is confidential; above address is for administration. Call for information on space availability. Offers food, clothing, medical, dental, and mental health care.

#### HOMES FOR LIFE FOUNDATION

8939 S. Sepulveda Blvd., Ste 460

Los Angeles, CA 90045

(310) 337 - 7417

(310) 337 – 7413 Fax

http://homesforlife.org

Housing & support for adults with mental disorders. Case management resident services coodinators. Sites located throughout L.A. County.

#### HOUSE OF RUTH/LA

P.O. Box 33288

Los Angeles, CA 90033

(323) 266 - 4139

(323) 799 – 7233 Urgent Care

(323) 265 - 3945 Fax

http://www.losangeleshouseofruth.com

Shelther for homeless women with children. English, Spanish spoken.

# ANGEL'S FLIGHT AT RISK YOUTH SERVICS

Catholic Charities 357 S. Westlake Ave. Los Angeles, CA 90057 (213) 413 – 2311 (213) 413 – 5690 Fax

# http://www.catholiccharitiesla.org

Our shelter, a 16 bed facility serving 10-17 years olds for up to 21 days. Services include:individual, group and family counseling, telephone and crisis counseling, onsite community school accredited by the state of CA. Supervised recreation, emergency food and clothing, community outreach and so much more at no cost. English and Spanish spoken.

# GOOD SHEPHERD CTR/HOMELESS WOMAN

Catholic Charities/Hawkes Transit Residence

1671 Beverly Blvd.

Los Angeles, CA 90026

(213) 235 - 1460

(213) 235 – 1480 Fax

http://gschomeless.org

Transitional residence for homeless women preparing to re-enter the mainstream, job training, counseling, referrals. Spanish & Vietnamese spoken.

#### **COVENANT HOUSE CALIFORNIA**

1325 N. Western Ave.

Hollywood, CA 90027

(323) 461 - 3131

(323) 957 - 7455

(323) 957 - 2464

(323) 463 – 3325 Fax

http://covenanthousecalifornia.org/los-angeles-pg.php

Through our comprehensive services of stree outreach and residental programs and with out supportive service, Convenant House California helps homeless youth afes 18-23 esscape life on the dangerous streets, resolve their crisis situations, and develop goals and skills that ultimately lead toward self sufficiency and independent living. English and Spanish spoken.

# **GRAMERCY PLACE SHELTER**

Jewish Family Service of Los Angeles 3580 Wilshire Blvd, Seventh Floor Los Angeles, CA 90010

(877) 275 – 4537 Central Access

(323) 761 – 8800

(323) 761 – 8801 Fax

http://www.jfsla.org

Provides transitional housing for homeless families. The shelter houses up to 13 families at a time, who stay at the shelter up to 6 months. During their stay, adults and children receive extensive services including basic needs, case management, academics, job readiness and vocational assessment, referrals, tutoring. Must be referred by a caseworker. English spoken.

# JOVENES, INC.

Homeless Youth Access Ctr.

1208 Pleasant Ave.

Los Angeles, CA 90033

(323) 260 - 8035

(323) 260 - 8046 Fax

http://www.jovenesinc.org

7 bed shelter for single men 18-24 yrs. Stay up to 90 days. Info and referral, counseling, art awareness, case management, transportation, meals, clothing, & immigration orientation. Transitional housing stay is up to 18 months. Walk-in center. Spanish spoken.

#### L.A. HOMELESS SERVICES AUTHORITY

Winter Shelter Program

811 Wilshere Blvd. 6<sup>th</sup> Floor

Los Angeles, CA 90017

(800) 548 - 6047 Hotline

(213) 683 - 3333

(213) 533 - 8488 TTY

(213) 892 – 0093 Fax

http://www.lahsa.org

During cold months of year, provides locations and pick-up points for shelter. Spanish spoken.

# LOS ANGELES YOUTH NETWORK

1550 N. Gower Street Los Angeles, CA 90028 (323) 957 – 7757

(323) 467 - 8466

http://layn.org

Shelter/drop-in program, outreach for youth, food, placement & referrals. Serves ages 12-17 years for a maximum 3 months.

# **ASCENCIA**

Access Center 1851 Tyburn St. Glendale, CA 91204 (818) 246 – 7900

(818) 246 - 2858 Fax

http://www.achieveglendale.org

A one-stop shop for services for homeless individuals and families. Acess Center for specialized care for addiction recovery, mental health, veterans services, employment assistance and housing resources. Case management, emergency shelter, & information and referrals. 40 bed case manged emergency shelter.

#### **SALVATION ARMY**

Glendale Corps & Social Services

320 W. Windsor Rd.

Glendale, CA 91204

(818) 246 - 5586

(818) 246 – 2419 Fax

http://www.glendalecorps.org

Emergency food, transitional shelter & clothing. Utility payment assistance when funds are available. Walk-in or call. Spanish spoken.

#### LAMP COMMUNITY/VILLAGE

526 S. Pedro Street

Los Angeles, CA 90013

(213) 488 - 9559

(213) 683 - 0969 Fax

http://www.lampcommunity.org

47 bed transitional residential facility for the seriously mentally ill, age 18+ years. No limit on stay. Also recovery programfor dual diagnosis including case management.

# MJB TRANSITITONAL RECOVERY, INC.

11152 S. Main St.

Los Angeles, CA 90061

(323) 777 - 2491

(323) 777 – 0426 Fax

Outpatient program for adults age 18+ yrs. Alcohol & drug treatment. 12-Step support groups, HIV/AIDS testing, individual & group counseling, prevention & education. Also emergency shelter for homeless single adult men & women. Spanish spoken.

# PEOPLE ASSISTING THE HOMELESS (PATH)

Transitional Housing & Access Center

340 N. Madison Ave

Los Angeles, CA 90004

(323) 644 – 2216 Assistance

(323) 644 – 2200 General Inquiries

(323) 644 – 2288 Fax

http://www.epath.org

PATH is a transitional housing program for men, women, families and those with special needs. Each program consists of transitional beds, services & facilities geared to individual needs. Access program provides initial intake, needs assessment & referral services.

#### THE SABAN FREE CLINIC

Mental Health & Social Services

8405 Beverly Blvd.

Los Angeles, CA 90048

(323) 653 – 1990 Appointment Line

(323) 653 - 8622

(323) 658 – 6773 Fax

http://www.sabancommunityclinic.org

Case management, information & social services referrals. Free medical and dental services offered to the public. Shower facilities and clothing shower hrs: M-T 8am-3pm. Crisis intervention counseling up to a maximum of 6 visits. Call or walk in for screening.

# NEW DIRECTIONS, INC.

Regional Opportunity Center Homeless Veterans 11303 Wilshire Blvd., Bldg 116 Los Angeles, CA 90073 (310) 914 – 5966 24-Hour Assistance (310) 914 – 4045 (310) 914 – 5495 Fax

#### http://www.newdirections.org

156 bed residential program for chemically dependent homeless veterans. Detox 24 bed social model, also methadone and benzodiazepine detox in coordination with other VA clinics, dual-diagnosis, homeless, criminal justice system referral with no serious medical conditions requiring surgery. 6 mos intensive, 6 month vocational rehabilitation. Vocational training, legal services, education (GED), family reunification services, parenting & anger management, aftercare, money management, etc. Dual-diagnosis program (mild dual-diagnosis) with 43 beds for male veterans.

#### PUBLIC COUNSEL

Homelessness Prevention Law Project 610 S. Ardmore Los Angeles, CA 90005 (213) 385 – 2977 (213) 385 – 9089 Fax http://www.publiccounsel.org

Public Counsel provides representation to over 15,000 homeless individuals & families before administraton agencies to secure shelter, clothing, food and other vital benefits. Also provides direct legal services to the growing homeless and at-risk youth population, and acts as a resource to service providers working with such homeless youth. Provides service for multiviolation tickets. Project is sponsored by L.A. County and Beverly Hills Bar Association. Spanish spoken.

# SHELTER PARTNERSHIP, INC.

523 W. 6<sup>th</sup> Street, Ste 616 Los Angeles, CA 90014 (213) 688 – 2188 (213) 689 – 3188 Fax

http://www.shelterpartnership.org

Technical assistance to shelters & groups interested in developing emergency, transitional & permanent housing and resources to the homeless of L.A. County. Distribution of donated products (non food) to non profit agencies providing free shelter to the homeless through Shelter Resource Bank. Public policy support to government agencies, foundations, etc. Also statistics & general information on homelessness. Spanish spoken.

# SKID ROW HOUSING TRUST

1317 E. 7<sup>th.</sup> Street Los Angeles, CA 90021 (213) 683 – 0522 (213) 683 – 0781 Fax http://www.skidrow.org

Low income permanent housing in 18 Single Residence Occupancy hotels, targeting single men and woman especially those with special needs (HIV, mental illness, substance abuse, dual-diagnosis). Some units require participation in case management, some are Section 8, GR or Market Rate and services are available but not required. Other services include needs assessment, support groups for substance abuse recovery. HIV education, benefits advocacy, job readiness. Spanish spoken.

#### **ALTERNATIVES FOR SENIORS**

(818) 533 - 4636

https://www.alternativesforseniors.com/assisted-living/ca/los-angeles

Information specialists committed to helping families based on their personal needs, find appropriate level of care and planning on future housing and placement moves. Senior housing.

#### **MARTEL PARK**

Thomas Safran & Associates 925 N. Martel Ave. Los Angeles, CA 90046 (323) 874 – 7999

Rental housing for seniors, Section 8, low income, ages 62+. Call waiting list status.

#### CITY OF GLENDALE COMMUNITY DEVELOPMENT

Senior Housing Projects

141 N. Glendale Ave., Ste 202

Glendale, CA 91206

(818) 548 - 3936

Affordable housing projects for seniors subject to waiting list. Visit or call for current list of these developments.

#### L.A. FAMILY HOUSING

7843 Lankershim Blvd.

North Hollywood, CA 91605

(818) 982 - 4091

(800) 731 - 4669 Referralls

(818) 982 - 3895 Fax

http://www.lafh.org

Helps homeless families and individuals rebuild their lives through a system of temporary shelter, affordable housing development and comprehensive social services.

# **COMMUNITY ARMS**

169 E. Orange Grove Blvd.

Pasadena, CA 91103

(626)796 - 8196

(626) 796 – 4181 Fax

http://communityarms.com

Affordable rental muti-family, Section 8, seniors 62+ years. Call to confirm waiting list status.

# AIDS SERVICE CENTER (ASC)

65 N. Raymond Ave., Ste. 240

Pasadena, CA 91103

(626) 441 - 8495

(626) 441 - 5003 Fax

http://www.aidsservicecenter.org

Benefits advocacy, treatment adherence, transportation, mental health services, food pantry, case management, housing legal services, short-term rent/mortage & utility assistance and permanent housing.

#### BET TZEDEK LEGAL SERVICES

3250 Wilshire Blvd., Ste. 13

Los Angeles, CA 90010

(323) 939 - 0506

(213) 471 – 4568 Fax

http://www.bettzedek.org

Provides free legal services to low income individuals and families on civil matters including landlord/tenant eviction defense, wage and hour claims and employment rights, public benefits, social security and SSI, Medi-cal, elder law, California powers of attorney for Health Care, simple wills, conservatorships, guardianships, Holocaust reparations, nursing home issues, debtors rights, Chapter 7 bankruptcies, foreclosure preventions, and In-Home supportive services (IHSS). Mulitple langagues spoken.

#### GLENDALE HOUSING AUTHORITY

**HUD Section 8 Rental Vouchers** 

141 N. Glendale Ave., Ste 202

Glendale, CA 91206

(818) 548 - 3936

(818) 548 - 3724Fax

http://www.ci.glendale.ca.us/organization.aspx?OrganizationID=37

Description: Rental assistance for low income families, elderly, disabled & handicapped. Section 8 vouchers, waiting list subject to closure, currently closed for new applicants. Meeting time: Every Tuesday, 3:00 pm. Location: Council Chambers, 613 E. Broadway Ave.

#### **MENORAH TERRACE**

Menorah Housing Foundation 1123 N. Fuller Ave. West Hollywood, CA 90046 (323) 850 – 1225

Description: Rental housing for seniors, Section 202, low income, age 62+ yrs.

#### **GLEN TERRA**

917 N. Louise St.

Glendale, CA 91207

(818) 291 - 9220

(818) 291 – 9856 Fax

http://www.glenterraassistedliving.com

Assisted living housing for elderly with disabilities.

#### **HOUSING RIGHTS CENTER**

Jackie Robinson Center

1020 N. Fair Oaks Ave.

Pasadena, CA 91103

(800) 477 - 5977 Toll free

(626) 791 - 0211

http://www.hrc-la.org

Provides a wide array of programs and services to its clients free of charge. Investigates allegations of housing discrimination. Case resolution include mediation, concilliation, a refferal to State and Federal Admin. Agencies, or HRC Litigation Dept. Outreach & education, landlord/tenant counseling, advocacy available in Spanish, Mandarin, Armenian, Russian, Cantonese, and English.

#### SUNSET-NORMANDIE TOWERS

SK Management Company

428 N. Normandie Ave.

Los Angeles, CA 90004

(323) 663 - 0423

Affordable rental housing for seniors, Section 8, call for waiting list. Low income

# SWANSEA PARK APARTMENTS

1015 N. Kingsley Drive

Los Angeles, CA 90029

(323) 666 - 4313

(323) 953 – 0935 Fax

Affordable rental housing for 62+ years (Project Section 8) low income. 2 to 5 year waiting list. Call for status on waiting list.

#### HAMILTON HOUSE

739 W. Glenoaks Blvd

Glendale, CA 91202

(818) 502 - 9188

Assisted living housing for adults 18+ with disabilities.

# **IVY GLEN APTS**

113 N. Cedar Street

Glendale, CA 91206-4453

(818) 241 - 3888

http://www.abilityfirst.org

Affordable rental housing for disabled. Call for more information and waiting list.

#### NEIGHBORHOOD LEGAL SERVICES OF LOS ANGELES COUNTY

1104 E. Chevy Chase

Glendale, CA 91205

(800) 433 - 6251

http://www.nlsla.org/locations/glendale

Provides free legal services to low income such as housing, immigration, labor, consumer, family, and government benefits ie: food stamps, Social Security, Medicate, Medi-Cal related health care.

# **NEW LIFESTYLES GUIDE**

4144 North Central Expressway, Ste 1000

Dallas, TX 75204

(800) 869 - 9549

(877) 881 - 7907

http://www.newlifestyles.com

Provides free directories of senior housing and care options including retirement communities , assisted living, residential care, Alzheimer's/Dementia care, SNF, home care, Hospice, etc

#### **BROADVIEW RESIDENTIAL CARE CENTER**

535 W. Broadway

Glendale, CA 91204

(818) 246 - 4951

(818) 243 - 0437 Fax

http://www.thebroadview.net

Assisted living housing for adults 65+ with disabilities.

# EMERALD CITY ASSISTED LIVING

205 E. Los Feliz Rd.

Glendale, CA 91205

(818) 241 - 2273

(818) 548 - 5881 Fax

Assisted living housing for adults 60+ with disabilities.

# LEISURE VALE RETIREMENT HOTEL

413 E. Cypress St.

Glendale, CA 91205

(818) 244 - 2323

(818) 244 – 3147 Fax

https://sites.google.com/site/leisurevaleretirementfacility

Assisted living housing for seniors.

# **GLEN PARK EAST**

1250 S. Boynton St.

Glendale, CA 91205

(800) 495 - 5005 Toll free

(818) 246 - 9000

http://glenpark-al.com/retirement-communities/burbankglendalepasadena

Assisted living housing for adults 62+ with disabilities.

#### VICTOR ROYALE ADULT RESIDENTIAL LIVING

120 E. Laurel St.

Glendale, CA 91205

(818) 243 - 7442

(818) 688 - 8178 Fax

http://www.victorroyalliving.com

Assisted living housing for adults 50+ with disabilities and seniors.

#### **GLEN PARK WEST**

1220 Mariposa St.

Glendale, CA 91205

(818) 246 - 9000

http://glenpark-al.com

Assisted living housing for adults with disabilities.

### WINDSOR MANOR

1230 E. Windsor Rd.

Glendale, CA 91205

(818) 244 - 7219

(818) 861 – 6683

http://www.thebegroup.org/communities/windsor

Assisted housing for seniors needing independent living, assisted living and skill nursing for seniors 62+ yrs.

# **Immigration Services Resources**

# U.S. CITIZENSHIP & IMMIGRATION SERVICES

300 N. Los Angeles St.

Los Angeles, CA 90012

(800) 375 - 5283

(800) 767 – 1833 TDD

http://www.uscis.gov

Is a federal agency that oversees lawful immigrations to the United States. Provide citizenship, immigration of family members, working in the U.S., verifying an individual's legal right to work in the United States, humanitarian programs, adoptions, and civic integration services.

### CATHOLIC CHARITIES GLENDALE COMMUNITY CENTER

4322 San Fernando Road

Glendale, CA 91204

(818) 409 - 0057

(818) 956 – 1857 Fax

 $\underline{\text{http://www.catholiccharitiesla.org/what-we-do/strengthen-communities/123-community-centers.html}$ 

Provides Immigration Services to assist clients to apply and complete citizenship process.

# NEIGHBORHOOD LEGAL SERVICES OF LOS ANGELES COUNTY

1104 E. Chevy Chase

Glendale, CA 91205

(800) 433 - 6251

http://www.nlsla.org

Provides free legal services to low income such as housing, immigration, labor, consumer, family and government benefits i.e.: food stamps, Social Security, Medicare, Medi-Cal related health care.

# **Legal Assistance Services Resources**

# HOUSING RIGHTS CENTER

Fair Housing Services 3255 Wilshire Blvd Los Angeles, CA 90010 (800) 477 – 5977 Toll free

(213) 201 - 0867

(213) 381 – 8555 Fax

http://www.hrc-la.org

Non profit that provides information & counseling regarding landlord & tennant issues. Investigates housing discrimination complaints. Offers monthly vacancy listings. Fair housing counseling and educational services. Mediation program for Pasadena residents. Call for walk-in clinic hours. Spanish, Mandarin, Korean, Armenian, Russian spoken.

### LOS ANGELES COUNTY PUBLIC DEFENDER/GLENDALE

Glendale Branch 600 E. Broadway, Ste.170 Glendale, CA 91205 (818) 500 – 3561

(818) 547 – 0467 Fax

The Public Defender is a law office established and funded by the County of Los Angeles. The attorneys and other staff emplyoed by the office render legal services to individuals who are accused of public offenses, and who cannot afford to retain the services of a private attorney. Also represent any person under the age of 18 who is facing juvenile delinquency proceedings, or regarding whom the state has insituted wardship proceedings because of habitual truancy or incorrigibility.

#### INTERNATIONAL RESCUE COMMITTEE

625 N. Maryland Ave. Glendale, CA 91206

(818) 550 - 6220

(818) 550 - 6277 Fax

http://www.rescue.org/us-program/us-los-angeles-ca

IRC LA focuses on the immediate needs of refugees and asylees. IRC provide intensive case management services, job placement, financial literacy, immigration services, referrals to mainstream service providers and other support needed to help refugees achieve early self-sufficiency citizenship. Arabic, Armenian, Bosnian, Farsi, French, Russian and Spanish spoken.

# **Legal Assistance Services Resources**

# LOS ANGELES COUNTY SUPERIOR COURT

Glendale Courthouse

600 E. Broadway

Glendale, CA 91206

(818) 500 – 3551 Civil/Small Claims

(818) 500 – 3541 Criminal

(818) 500 – 3267 Traffic

(818) 548 – 5470 Fax

http://www.lasuperiorcourt.org/locations/ui/location.aspx?loc=GLN&

Civil/Small Claims, criminal matters, traffic call numbers above. Armenian, Spanish spoken.

# **VOLUNTEER CENTER/LOS ANGELES**

Glendale Courthouse

600 E. Broadway, Ste 111

Glendale, CA 91205

(818) 500 - 9552

(818) 500 – 9554 Fax

http://www.volunteermatch.org

Court referral & juvenile delinquency prevention program.

# SMALL CLAIMS ADVISORY PROGRAM

Glendale Courthouse 600 E. Broadway, Room 273

Glendale, CA 91206

(818) 500 - 3537

# **Mental Health Resources**

#### ARK FAMILY CENTER

135 S. Jackson St. Ste. 102

Glendale, CA 91205

(888) 800 - 3290 Toll free

(818) 662 - 7045

(818) 662 - 7002Fax

# http://www.arkfamilycenter.org

Provide Therapy/Counseling services for youth, adults, and professionals. Provide one-on-one life coaching, stress management, mood management services. Provide educational and motivational seminars for teens for increasing confidence levels, learn better communication, mood management, and conflict resolution. We also ofter hypnotherapy services for test anxiety, phobias, quiting smoking, weight loss. English, Armenian and Farsi spoken. Call for an appointment.

#### FOOTHILL FAMILY SERVICES

2500 E. Foothill Blvd. Ste. 300

Pasadena, CA 91107

(626) 564 - 1613

(626) 564 – 1651 Fax

http://www.foothillfamily.org/MentalHealthCounseling.php

Individual, family and group counseling for families. Teen pregnancy prevention program, parenting classes and domestic violence programs.

#### INSTITUTE MULTICULTURAL COUNSELING

431 N. Brand Blvd., Ste. 202

Glendale, CA 91203

(818) 240 - 4311

(213) 381 - 1250

(818) 240 – 4318 Fax

http://imces.org

Court approved domestic violence, anger management, and parenting classes. Individual and group counseling and professional training. \$20 per class.

#### ON-SITE LICENSED CLINICAL SOCIAL WORKER

1139 N. Brand Blvd. Ste. A

Glendale, CA 91202

(323) 680 - 5925

http://therapists.psychologytoday.com/rms/name/Susan\_E\_Miller\_LCSW\_Glendale\_California 59567

Licensed clincial social worker providing mental health services, domestic vioolence, anger management counseling, senior mulitple services, elder medication and parenting e ducation. Private Insurance payment.

# **Mental Health Resources**

#### PASADENA MENTAL HEALTH

1495 N. Lake St.

Pasadena, CA 91104

(626)798 - 0907

(626) 798 – 9043 Fax

http://www.pmhcenter.org

Provides multi-services, parent education classes, group counseling, court order clients accepted.

# **CATHOLIC CHARITIES**

4322 San Fernando Rd.

Glendale, CA 91204

(818) 409 - 3080

(818) 956 – 1857 Fax

http://www.catholiccharitiesusa.org

Emergency assistance and case management, immigration and citizenship services, and youth services.

#### FULLER PSYCHOLOGICAL FAMILY SERVICES

180 N. Oakland Ave

Pasadena, CA 91101

(800) 238 - 5537

(626) 584 - 5400

(626) 584 – 5558 Fax

http://www.fuller.edu

Outpatient services for children, teens and adults. Individual, couple, family and group therapy. Eating disorders counseling.

# PEDIATRIC PSYCHOLOGY PROGRAM

Children's Hospital

4650 Wilshire Blvd., M.S. #82

Los Angeles, CA 90027

 $(323)\ 361 - 2350$ 

(323) 671 – 3843 Fax

http://www.chla.org

Consists of outpatient and hospital based services that provide support and intervention to children and families who are experiencing difficulties coping with a medical condition.

# **Mental Health Resources**

# LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH Access Center – 24/7 Help line

(800) 854 - 7771

(562) 868 – 3749 Fax

24 hour Mental Health Hotline for referral to mental health services to Medi-Cal and non-Medi-Cal recipents any place in L.A. County. Outpatient and inpatient programs and 24 hour crisis intervention services. Operated by the L.A. Co.Dept. of Mental Health. Operates year round as a crisis line and during a disaster it serves as the Mental Health Hotline. For TDD, call (562) 651-2549. English, Spanish spoken.

#### **DIDI HIRSCH**

Mental Health Services

1540 E. Colorado Blvd.

Glendale, CA 91205

(818) 244 - 7257

(310) 390 - 8896

http://www.didihirsch.org

Provides Adult Services, Child and Family Services, Substance Abuse Services, Suicide Prevention and Training. Services include: crisis intervention and stabilization, counseling, residential treatment, case management, youth-at-risk and family reinforcement programs, delinquency prevention programs, substance abuse treatment and prevention, and extensive community outreach.

#### CALIFORNIA CARE CORP

510 E. Harvard St., Ste. A

Glendale, CA 91205

(818) 551 - 0026

(818) 551 - 0027 Fax

http://californiacarecorp.com

Prupose is to help people to overcome a dependency on drugs or alochol. Provides family counseling, individual and group counseling, domestic violence/anger management, 12 step/relapse prevention, self-esteem, peer support, daily reflections, health eudcation, life skills, drug education, urinalysis drug testing. Services are fully covered by Medi-Cal. Sliding fee scale available.

# **Mentoring-Motivational Youth Program Resources**

# **TURNING NEW CORNERS**

1525 Orange Grove Ave.

Glendale, CA 91205

(818) 550 - 8329

Provides youth mentoring, community outreach, promote education, career counseling, social skills & conversational English actitivities. Turkish, Armenian, German, Korean & Spanish spoken.

#### **ARK FAMILY CENTER**

135 S. Jackson St. Ste. 102

Glendale, CA 91205

(818) 662 - 7045

(818) 662 - 7002Fax

http://www.arkfamilycenter.org

Provide Therapy/Counseling services for youth, adults, and professionals. Provide one-on-one life coaching, stress management, mood management services. Provide educational and motivational seminars for teens for increasing confidence levels, learn better communication, mood management, and conflict resolution. We also ofter hypnotherapy services for test anxiety, phobias, quiting smoking, weight loss. English, Armenian and Farsi spoken. Call for an appointment.

# ARMENIAN GENERAL BENEVOLENT UNION

Generation Next Mentorship Program

2495 E. Mountain St.

Pasadena, CA 91104

(626) 794 - 7942

(626) 794 – 2622 Fax

http://agbumhs.org

Provide year-round mentoring for Armenian youth between the ages of 11-14. Youth can continue in the program until age 18. Youth are paired with volunteer adult members who work with them for at least a period of one year.

# **Mentoring-Motivational Youth Program Resources**

# SARGES COMMUNITY BASE, INC.

1920 N. Lake Ave., Ste. 104 Altadena, CA 91101 (626) 797 – 4882 (626) 628 – 2183 Fax

http://sargescommunitybase.org

Commit to Achieve life skills training camp, specifically designed for youth form ages 5-15 years old. It is an extensive boot camp held during or after school hours and every Saturday for six months. Core components include academics, anger management, discipline dirills, drug and alcohol prevention, gang prevention and intervention, leadership training, life skills, mentoring, physical training and conditioning, self development courses, and self-esteem building blocks and a host of business professional guest speakers.

# **Parenting Education Resources**

#### INSTITUTE FOR MULTICULTURAL COUNSELING

431 N. Brand Blvd.

Glendale, CA 91203

(818) 240 - 4311

(818) 240 – 4318 Fax

http://imces.org/IMCESHom.html

Court approved domestic violence, anger management, and parenting classes. Individual and group counseling, and professional training. Languages include Armenian, Farsi, Persian, Spanish & Korean.

#### **DIDI HIRSCH**

Mental Health Services

1540 E. Colorado Blvd.

Glendale, CA 91205

(818) 244 - 7257

http://www.didihirsch.org

Provide Adult Services, Child and Family Services, Substance Abuse Services, Suicide Prevention and Training. Services include: crisis intervention and stabilization, counseling, residential treatment, case management, youth-at-risk and family reinforcement programs, delinquency prevention programs, substance abuse treatment and prevention, and extensive community outreach.

#### GLENDALE COMMUNITY COLLEGE

1500 N. Verdugo Rd.

Glendale, CA 91208

(818) 240 - 1000

(818) 243 – 5196 Fax

http://www.glendale.edu

Offers evening classes for parents on positive parenting for all ages. Free of charge.

#### **ACTION PARENT TEEN SUPPORT GROUP**

Allen F. Daily High School

220 N. Kenwood St. Rm 104

Glendale, CA 91206

 $(800)\ 367 - 8336$ 

http://actionfamilycounseling.com/resources/action-family/support-group-meetings

Provides free weekly support groups for parents and teens. We offer support to families dealing with drug or alcohol problems. We also provide information and referrals on our 24-hour Helpline (800-FOR-TEEN).

# **Parenting Education Resources**

# ARK FAMILY CENTER

135 S. Jackson St. Ste. 102

Glendale, CA 91205

(888) 800 - 3290

(818) 662 - 7045

(818) 662 - 7002 Fax

# http://www.arkfamilycenter.org

Provide Therapy/Counseling services for youth, adults, and professionals. Provide one-on-one life coaching, stress management, mood management services. Provide educational and motivational seminars for teens for increasing confidence levels, learn better communication, mood management, and conflict resolution. We also ofter hypnotherapy services for test anxiety, phobias, quiting smoking, weight loss. English, Armenian and Farsi spoken. Call for an appointment.

#### FOOTHILL SELPA

223 N. Jackson St.

Glendale, CA 91207

(818) 241 - 3111

(818) 241 – 5378 ext. 509

(818) 246 - 3537 Fax

http://www.foothillselpa.org

CONTACT: SELPA Director. See "SELPA Los Angeles County" for description for services. Parenting education classes. Languages include Spanish, Korean & Armenian.

# SARGES COMMUNITY BASE, INC.

1920 N. Lake Ave., Ste 104

Altadena, CA 91101

(626) 797 – 4882

(626) 628 – 2183 Fax

# http://sargescommunitybase.org

It is an extensive boot camp for youth held during or after school hours and every Saturday for six months. Core components include academics, anger management, discipline dirills, drug and alcohol prevention, gang prevention and intervention, leadership training, life skills, mentoring, physical training and conditioning, self development courses, and self-esteem building blocks. Parents also learn "tough love" concepts through an extensive parenting education course through the Parent Project Program.

# **Public Library**

# **COUNTY OF L.A. PUBLIC LIBRARY**

La Canada Flintridge

4545 Oakwood Ave.

La Canada, CA 91011

(818) 790 - 3330

(818) 952 - 1754 Fax

http://www.colapublib.org/libs/lacanada/index.php

Books on tape, large print books, copiers, community room available for rent. Rent Best Sellers. Internet, typewriter, videos, cassettes, CDs. Books in Spanish, Korean, Chinese, Japanese. Toddler & preschool story hours.

# **GLENDALE PUBLIC LIBRARY**

Brand Art and Music Library

1601 W. Mountain Street

Glendale, CA 91201-1209

(818) 548 - 2051

(818) 548 - 5079 Fax

http://www.brandlibrary.org

Recital hall available for music recitals only. Copier videos, records, CDs, long play records, books. Music collection including sheet music and scores, piano rolls, etc. Also house and Art Gallery, 4 exhibits per year featuring So Calif Artists.

# **COUNTY OF L.A. PUBLIC LIBRARY**

La Crescenta Branch

2809 Foothill Blvd.

La Crescenta, CA 91214

(818) 248 - 5313

(818) 248 – 1289 Fax

http://www.colapublib.org/libs/lacrescenta/index.php

Books on tape, large print books, copiers, Internet, typewritter, videos, cassettes, CDs. Books in Armenian, Spanish, Korean, & Chinese. Family storyhour on Saturdays. Armenian, Russian, Arabic, Hindi, Marathi, Persian, French, Korean spoken.

# **Public Library**

# **GLENDALE PUBLIC LIBRARY**

Central Library 222 E. Harvard Street Glendale, CA 91205 (818) 548 – 2030 (818) 548 – 7225 Fax

# http://library.ci.glendale.ca.us/central.asp

Largest facility of the Glendale Public Library. Facility includes 225 seat auditorium, study rooms, adaptive work stations, free WIFI and computers for internet browsing. Collections include DVDs, books and periodicals for all ages, large type books, lonkine databases, historical collection about Glendale, books in many languages. Programing for children, comupter classes, literacy classes, adults, teens. English, Armenian, Korean, Spanish, and other languages spoken.

# **GLENDALE PUBLIC LIBRARY**

Montrose-Crescenta Branch 2465 Honolulu Ave. Glendale, CA 91020 (818) 548 – 2048 (818) 248 – 6987 Fax

http://library.ci.glendale.ca.us/montrose\_crescenta\_branch.asp

Facility includes community room, free WIFI and computers for internet browsing. Collections include, DVDs, books and periodicals, large type books, and online databases. Programing for children and teens. English, Spanish spoken.

#### GLENDALE COMMUNITY COLLEGE LIBRARY

1500 N. Verdugo Rd. Glendale, CA 91208 (818) 240 – 1000 x 5586

http://gcc.glendale.edu/library

All resources available in the library are available fro visitors to the library. Priority use of materials will be given to GCC students, faculity, and staff. Alumni and patrons anot directly affiliated with GCC may purchase a "Friends of the Library" card for \$20. The card entitles the holder to check out books and to Interlibrary loan privileges, but does not include remote access to library databases. The card is valid for one year. English, Armenian spoken.

# **Public Library**

# **GLENDALE PUBLIC LIBRARY**

Casa Vedugo Branch 1151 N. Brand Blvd

Glendale, CA 91202 (818) 548 – 2047

(818) 548 – 8052 Fax

http://www.glendalepubliclibrary.org/casa.asp

Facility includes community room, free WIFI and computers for internet browsing. Collections include, DVDs, books and periodicals, large type books, and online databases. Programing for children. English, Vietnamese spoken.

#### GLENDALE PUBLIC LIBRARY

Pacific Park Branch Library

501 S. Pacific Ave.

Glendale, CA 91204

(818) 548 - 3760

(818) 409 - 7154 Fax

http://library.ci.glendale.ca.us/pacific\_park\_branch.asp

Facility includes study room, children's storytime room, free WIFI, and computers for internet browsing. Collections include DVDs, books and periodicals, and online databases. Programing for children and teens. English, Spanish spoken.

# GLENDALE PUBLIC LIBRARY

Chevy Chase Branch

3301 E. Chevy Chase Dr.

Glendale, CA 91206

(818) 548 - 2046

(818) 548 – 7713 Fax

http://library.ci.glendale.ca.us/chevy.asp

Facility inleudes community room, free WIFI and computers for internet browsing. Collections include DVDs, books and periodicals, and online databases. English spoken.

# **Public Library**

### GLENDALE PUBLIC LIBRARY

Brand Library 1601 W. Mountain St. Glendale, CA 91201 (818) 548 – 2051 (818) 548 – 5079 Fax

http://www.brandlibrary.org

The arts and music section of the Glendale Public Library. Facilities include an Art Gallery and a Recital Hall. Library collection inleudes CDs, DVDs, online databases and other materials related to art and music. Free WIFI and computers for internet browsing. Progrmaing for adults. English spoken.

#### GLENDALE PUBLIC LIBRARY

Grandview Branch 1535 Fifth St. Glendale, CA 91201 (818) 548 – 2049 (818) 548 – 0678 Fax

http://library.ci.glendale.ca.us/grandview\_branch.asp

Facility inleudes free WIFI and computers for internet browsing. Collections include DVDs, books and periodicals, and online databases. Programing for children. English spoken.

### GLENDALE PUBLIC LIBRARY

Library Connection at Adams Square 1100 E. Chevy Chase Dr. Glendale, CA 91205 (818) 548 – 3833

http://library.ci.glendale.ca.us/library connection adams square.asp

Free WIFI and computers for internet browsing. Collections include DVDs, videogames, books and periodicals, and online databases. Programing for children and adults English, Armenian spoken.

# AIDS PROJECT L.A SUPPORT GROUPS

611 S. Kingsley Dr.

Los Angeles, CA 90005

(213) 201 - 1600

(213) 201 – 1500 Client Line

http://www.apla.org

Support groups offered for persons infected and affected by HIV disease. Groups are facilitated by volunteers licensed mental health professionals. Drop-in and Spanish speaking groups available, groups for dual-diagnosis of HIV/AIDS or addictive behavior. Groups meet during the day and in the evenings and last  $1 \frac{1}{2}$  to 2 hours once a week. Some groups have waiting list.

#### **ALZHEIMER'S ASSOCIATION**

4221 Wilshire Blvd., Ste 400

Los Angeles, CA 90010

(323) 938 - 3379

(800) 272 – 3900 24-hour Helpline

http://www.alz.org

Information about disease and related disorders. Resources to day care, diagnostic centers, support groups, legal services, case management, home health agencies, physicians, nursing homes, etc. Educational events throughout the community for lay and professionals. Funding: donations, non-profit, foundations, grants. English and Spanish spoken. Most services are free. 24 Hour Helpline.

#### ALCOHOLICS ANONYMOUS ADMININISTRATION

4311 Wilshire Blvd., Ste. 104

Los Angeles, CA 90010

(323) 936 - 4343

(323) 936 - 8729 Fax

http://www.lacoaa.org

24 hr self-help information for alcoholics. Will help anyone who wants to stop drinking. This is an original 12-Step self-help group. AA meeting information. Spanish line (323) 735-2089. Spainsh and Russian spoken.

#### ARTHRITIS POOL THERAPY

Glendale Adventist Medical Center

1509 Wilson Terrace

Glendale, CA 91206

(818) 409 - 8000

(323) 255 – 5409 Class Information

http://www.glendaleadventist.com/aquatic-therapy

Sessions meet at the Rehabilitation Institute Monday-Friday. Cost: \$6 per session.

#### **CELEBRATE RECOVERY**

Eagle Rock Baptist Church

1499 Colorado Blvd

Los Angeles, CA 90041

(323) 255 - 4611

http://www.celebraterecovery.com

Christ-centered 12-Step recovery program. Support groups for all types of problems & addictions, including: food, sex, or relationship addictions, co-dependency and chemical dependency.

### MARIJUANA ANONYMOUS

Salem Lutheran Church

1211 N. Brand Blvd.

Glendale, CA

(800) 766 – 6779 World Services

(818) 759 - 9194

http://madistrict6.org/meetings

Fellowship group of men and women who share experience, strength and hope with each other to solve a common problem and help others to recover from Marijuana addiction. Literature in Spanish & English.

#### ALISA ANN RUCH BURN FOUNDATION

Southern Cal. Administrative Office

2501 W. Burbank Blvd., Ste 201

Burbank, CA 91505

(818) 848 - 0223

(818) 848 - 0296 Fax

http://www.aarbf.org

Supports first service and medical community to prevent burns and addresses the needs of burn survivors. AARBF provides support groups, recreational activities/programs and emergency assisting to child and adult burn survivors. English and Spanish spoken.

#### **BEING ALIVE**

7531 Santa Monica Blvd., Ste. 100 West Hollywood, CA 90046

(323) 874 - 4322

(323) 969 – 8753 Fax

http://www.beingalivela.org

Support services for people living with HIV/AIDS. English and Spanish spoken.

### EPILEPSY FOUNDATION OF GREATER LOS ANGELES

5777 W. Century Blvd., Ste 820

Los Angeles, CA 90045

(800) 564 – 0445 Toll free

(310) 670 - 2870

(310) 670 - 6124 Fax

http://www.end-epilepsy.org

The Epilepsy Foundation of Greater Los Angeles is leading the fight to END EPILESPY and overcome challenges created by seizures by focusing on Care, Advocacy, Research and Education (CARE). CARE offers a range of services and programs to help, support, advocate for, and empower those who are affected by epilespy and thier caregivers. Support research to accelerate cures for the epilepsies, support the training and work of new pediatric neurolgoy/epilespy sepcialist, do business with, educate or encounter people with epilespy during their daily lives-to better understand epilespy/seizures disorders and fight to END EPILESPY. English, Spanish spoken.

### **GRIEF SUPPORT GROUPS**

**GLENDALE ADVENTIST** 

1509 Wilson Terrace

Glendale, CA 91206

(818) 409 - 8000

(818) 546 - 5688 Fax

http://www.glendaleadventist.com/watchepisode29-addictionrecovery

Information & referral, self-help groups, educational outreach, residential and family camps, parent phone network, conferences, medical ID bracelets and necklaces, seizure first aid training, advocacy, literature and written education guides. Services for persons with seizure disorders, their family members and the community. Spanish spoken.

#### **OVEREATERS ANONYMOUS**

Chevy Chase Baptist Church 1209 E Garfield Ave Glendale, CA 91205 (626) 568 – 7511

http://www.oa.org

Self-help groups patterned after Alcoholics Anonymous. Meetins in Pasadena, Glendale, Temple City, Los Angeles, Burbank, San Gabriel Valley, San Fernando Valley.

#### ADULT MENTAL HEALTH SERVICES

Glendale Memorial Hospital & Health Center

1420 S. Cental Ave.

Glendale, CA 91204

(818) 502 - 2378

(818) 244 - 7257

(818) 243 – 5431 Fax

http://www.glendalememorialhospital.org/Medical\_Services/Senior\_Services/index.htm

Mental health services for 18+ years. Hours 9am- 4pm. Spanish spoken.

### NAMI-NATIONAL ALLIANCE on MEDICAL ILLNESS

Verdugo Mental Health Care

1540 E. Colorado Blvd

Glendale, CA 91205-1514

(323) 478 - 1656

(818) 243-5431 Fax

http://www.nami.org/MSTemplate.cfm?Site=NAMI Glendale

Share and Care group for relatives and friends of the mentally ill. Meetings held every Tues 6pm-7:30pm. Spanish & Armenian spoken.

### SELF-HELP AND RECOVERY EXCHANGE (SHARE)

6666 Green Valley Circle

Culver City, CA 90230

(310) 846 - 5270

(877) 742 – 7349 Toll free

http://www.shareselfhelp.org

Self-Help Centers provide meeting space for self-help support groups of all kinds ranging from anger management, depression, self-esteem, communications and relationships, incest survivors, alcoholics, drug addicts, smoking, reaching goals, etc. Self-Help Specialists can find a meeting in your neighborhood that is right for you. SHARE's 24hr voicemail lets you push button for contact information for hundreds of self-help groups.

#### ARMENIAN RELIEF SOCIETY/SOCIAL SERVICE

517 W. Glenoaks Blvd.

Glendale, CA 91202

(818) 241 - 2972

(818) 500 - 1343

(818) 242 – 3732 Fax

http://www.arswestusa.org

Provides employment referral, placement, translation, training and vocational counseling. Free job listings to employers looking for qualified workers. Also assist with housing & emergency needs. Farsi, Armenian, Arabic, French, and Russian spoken.

#### CALIFORNIA TELEPHONE ACCESS PROGRAM (CTAP)

425 W. Broadway Blvd., Ste. 105

Glendale, CA 91204

(800) 806 - 1191

http://ddtp.cpuc.ca.gov

Free specialized California phones from CTAP which makes calling easier for all eligible California residents. CTAP provides amplified phones, big button phones, phones with lights that flash for incoming calls, portable phones, and other phones that are specially designed for anyone who has difficulty using a standard phone. Fill out a simple application and have it signed by a medical doctor, a licensed audiologist, a qualified state agency, or other specialized health professionals. English, Spanish, Chinese, Hmong, and Vietnamese spoken.

### ADULT DAY HEALTH CARE CENTER

6900 San Fernando Rd.

Glendale, CA 91201

(818) 566 - 6688

A community-based program that provides Medical rehabilitative and social services to elderly persons and other adults with functional impairments. The goal is to maintain the capacity for self care and encourage the maximum level to function.

#### ASSISTANCE LEAGUE OF GLENDALE

314 E. Harvard St.

Glendale, CA 91205

(818) 247 - 4296

(818) 246 - 2294

http://www.alglendale.org

Senior Neighborhood Fellowship provides monthly lunches and entertainment for seniors ages 55 and older. SAT Seminars instructed by authors and scholarships available.

#### CALJOBS/EDD – EMPLOYMENT DEVELOPMENT DEPARTMENT

(800) 758 - 0398

(855) 716 – 3518 Spanish

https://www.caljobs.ca.gov

California's Internet system for linking employer job listings and job seeker resumes. Many professional, managerial, and technical workers who have unexpectedly found themselves out of work are now working together-helping each other find new employment opportunities through "job clubs" sponsored by EDD.

### ADULT PROTECTIVE SERVICES

3333 Wilshire Blvd.

Los Angeles, CA 90010

(213) 351-5401

(213) 738-6485 Fax

http://css.lacounty.gov

Adult Protective Services (APS) State mandated Title XX service program which mandates the prompt investigation of all situations involving elders (65+ yrs) and dependant adults (physically or mentally impaired 18-64 yrs) who are reported to be endangered. Investigate adult abuse financial and self neglect.

## FEDERAL TRADE COMMISSION FOR THE CONSUMER

600 Pennsylvania Avenue, NW

Washington, DC 20580

(877) 382 - 4357

(202) 326 - 2222

http://www.ftc.gov

Education is a key tool to prevent consumer injury. In this website you will public advice on avoiding scams and rip-offs, as well as tips on other consumer topics such as automobiles, credit, health & fitness, energy & environment, business opportunities, identity theft, investments, products & services, scholarship & employment services, telemarketing, telephone services, travel, etc.

#### **HEAP/CES HOME ENERGY ASSISTANCE PROGRAM**

Community Enhancement Services

16743 Schoenborn St.

North Hills, CA 91343

(818) 894 - 8121

(818) 894 - 1329 Fax

http://www.cesinla.com

State of California funded, to assist low income residents to pay for an outstanding energy bill once every 2 years.

### **BET TZEDEK LEGAL SERVICES**

3250 Wilshire Blvd., 13<sup>th</sup> Floor Los Angeles, CA 90010 (323) 939 – 0506 (213) 471 – 4568 Fax

http://www.bettzedek.org

Provides free legal services to low income individuals and families on civil matters including landlord/tenant eviction defense, wage and hour claims and employment rights, public benefits, social security and SSI, Medi-cal, elder law, California powers of attorney for Health Care, simple wills, conservatorships, guardianships, Holocaust reparations, nursing home issues, debtors rights, Chapter 7 bankruptcies, foreclosure preventions, and In-Home supportive services (IHSS). Mulitple langagues spoken.

#### **GLENDALE WATER AND POWER**

141 N. Glendale Ave. Glendale, CA 91206 (818) 548 – 3300

http://www.glendalewaterandpower.com

Low-Income & Discount Programs such as Glendale Care = \$10 off bill, Cool Care = get new ENERGY STAR refrigerator, Guardian= discounts available for medical equip needs. Helping Hand= get help with electric bill or deposit requirements for customer with a one-time emergency.

#### L.A. 4 SENIORS

201 E. Colorado St. Glendale, CA 91205 (818) 241 – 6140

http://www.la4seniors.com

This LA4Seniors is dedicated to elder abuse prevention and provides information to increase community awareness of services available for seniors and their families. Do not provide direct services. Most agencies represented in our site are based in Los Angeles County.

#### SENIOR LEGAL HOTLINE

444 North Third Street, Ste 312 Sacramento, CA 95814 (800) 222 – 1753 Toll free (916) 551 – 2140 (916) 551 – 2197 Fax http://lsnc.net

Free legal advice, assistance and education

#### GLENDALE ADULT RECREATION CENTER

201 E. Colorado Blvd.

Glendale, CA 91205

(818) 548 - 3775

(818) 507 - 8891 Fax

http://www.ci.glendale.ca.us/parks/adult\_recreation\_center.aspx

Multi-purpose senior center. Lunch program 7 days/wk, senior social & recreational activities, fitness center, classes in ESL, art, sewing, exercise, legal assist, health screening, info & assist, bus pass, nutritional meals, care management, telephone reassurance, Home Delivered Meal for homebound seniors.

#### LOS ANGELES CAREGIVER RESOURCE CENTER

3120 N. Clybourn Ave.

Burbank, CA 91505

(800) 540 - 4442

(818) 847 – 9149 Fax

LACRC offers resources, information, support groups, counseling, family consultations, limited respite, workshops, classes, web-based resources, and retreats. English, Spanish, Mandarin, Cantonese spoken.

#### THE CENTER FOR AGING RESOURCES

447 N. El Molino Ave.

Pasadena, CA 91101

(626) 577 - 8480

(626) 577 - 8978 Fax

http://www.cfar1.org

Center offers a variety of services for older adults, including in home and outpatient mental health services; elder abuse and crime victim services; Alzheimer's daycare; medication support; education and treatment services for substance & alcohol abuse, support groups for elders, their families and caregivers.

#### GLENDALE MEMORIAL HOSPITAL & HEALTH CENTER

1420 S. Central Ave.

Glendale, CA 91204

(818) 502 - 1900

http://www.glendalememorialhospital.org

Glendale Memorial Hospital and Health Center has variety of programs and services and seniors. Our goal is to help seniors live active, healthy and independent lifestyles. Support groups, exercise classes and other programs geared toward seniors. Programs include Crossroads Adult Behavioral Health Description: Services, Senior Peer Counseling, Stanford Chronic Disease Mgmt, and ages 50+.

#### JOSLYN SENIOR CTR/BURBANK

1301 W. Olive Ave. Burbank, CA 91506

(818) 238 - 5353

(818) 238 – 1796 Fax

http://burbankwire.net

Senior 55+ years multi-purpose center, recreation, info & Medicare assistance (H.I.C.A.P.), nutrition, transportation, legal assist, in-home service, R.S.V.P. (volunteer program), fitness program, telephone reassurance, transportation.

### LOS ANGELES COUNTY ELDER ABUSE HOTLINE

201 N. Figueroa St., 12<sup>th</sup> Floor

(877) 477 – 3646 Elder Abuse Hotline

(213) 580 - 3383

(213) 482 – 4967 Fax

http://da.lacounty.gov/seniors

Adult Protective Services (APS) is a State mandated Title XX service program which mandates the prompt investigation of all situations involving elders (65 yrs+) and dependant adults (physically or mentally impaired 18-64 yrs) who are reported to be endangered by physical, sexual or financial abuse, abandonment, isolation, abduction, neglect or self-neglect or hazardous living conditions. Upon receipt of such a report, an APS Social Worker will make a face-to-face contact with the client in order to investigate and make an assessment of the situation.

# GERIATRIC EVALUATION NETWORKS ENCOMPASSING SERVICES (GENESIS)

550 S. Vermont Ave., 6<sup>th</sup> Floor Los Angeles, CA 90020 (213) 351 – 7284 (213) 427 – 6161 Fax

http://www.la4seniors.com/genesis.htm

The GENESIS Program is a community outreach effort that helps organize assistance for seniors 60+ who cannot care for themselves. They are primarily called in to handle cases with "dementia" including sudden memory loss and/or delusions caused possibly by any combination of hypothyroidism, B12 deficiency, general poor nutrition, urinary tract infection, and subdural hematoma.

#### PERSONAL ASSISTANCE SERVICES COUNCIL OF LA

3307 N. Glenoaks Blvd.

Burbank, CA 91504

(866) 544 – 9048 Hot line

(818) 557 - 4103

(818) 206 – 8000 Fax

http://www.pascla.org

PASC is the Public Authority for In-Home Supportive Services (IHSS) in L.A. County. Operates a Registry to provide referrals for IHSS consumers and providers; Provides access to training and an array of supportive services for improvement of the IHSS program in general. PASC is committed to enhancing the quality of life for all people who receive and provide In-Home Supportive Services.

#### LIFE SERVICES, INC.

1025 N. Brand Blvd.

Glendale, CA 91202

(818) 547-0585

(818) 547-1093 Fax

http://www.lifeservicesinc.org

Professional Conservatorship Services, complete personalized care encompassing medical, financial, social, spiritual, and psych needs for seniors 60+yrs. Services include Life Care Planning, personalized care, trust management, estate admin & referrals. Connect through LA4Seniors under Conservatorship link.

### SPARR HEIGHTS COMMUNITY CENTER

Community Services and Parks Dept.

1613 Glencoe Way

Glendale, CA 91208

(818) 548 - 2187

(818) 957 – 7503 Fax

http://www.ci.glendale.ca.us/parks/sparr heights community center.aspx

Congregate senior lunch program offers nutritious hot meal for seniors for 60+ years. Donation of \$2.50 is requested.

#### IN-HOME SUPPORTIVE SERVICES

3307 N. Glenoaks Blvd.

Burbank, CA 91504

(818) 557-4102

http://ggcoa.org/r-h-in-home-support.htm

Assists eligible seniors, blind and disabled to live safely in own homes rather than an institution.

### ON-SITE LICENSED CLINICAL SOCIAL WORKER

1139 N. Brand Blvd. Ste. A

Glendale, CA 91202

(323) 680 - 5925

http://therapists.psychologytoday.com/rms/name/Susan\_E\_Miller\_LCSW\_Glendale\_California\_59567

Licensed clincial social worker providing mental health services, domestic violence, anger management counseling, senior mulitple services, elder medication and parenting education. Private Insurance payment.

#### LITTLE TOKYO SERVICE CENTER

231 E. Third Street, Ste G-106

Los Angeles, CA 90013

(213) 473 - 3035

(213) 473 – 3031 Fax

http://ltsc.org

Provides information and referral, case management services, counseling and support groups to Asian Pacific Islander and other low-income communities. Therapy categories include, anger management, child care, domestic violence counseling, housing assistance, legal assistance, and mental health services and parenting education. English, Japanese, Korean, Cantonese, Mandarin, Spanish, Khmer spoken.

#### PARTNERS IN CARE FOUNDATION

732 Mott Street, Ste 150

San Fernando, CA 91340

(818) 837-3775

(818) 837 – 3799 Fax

http://www.picf.org

Provides case mgmt to those 65+ yrs, functionally impaired, at-risk of nursing home placement & who are Medi-Cal eligible with no share-of-cost. Spanish, Tagalog, Armenian spoken.

#### SOCIAL SECURTIY ADMINISTRATION

710 S. Central Ave., Ste 320

Glendale, CA 91204

(800) 772 - 1213

http://www.ssa.gov

Provides information on Social Security, SSI benefits, SS cards, Medicare benefits & signup, survivor and burial benefits.

### SOUTHERN CALIFORNIA SENIOR RESOURCES

185 N. Hill Ave., Ste. 4 Pasadena, CA 91106 (866) 697 – 3646 Toll free (626) 795 – 7789

http://www.socalseniors.com

Free referral service guide to assist in finding Assisted Living, Dementia Care, Board and Care Homes, Nursing homes, Independent (Retirement Home), SSI Communities, Medi-Cal/Medicare Communities, Home Care.

#### **VERDUGO JOB CENTER**

CalJobs 1255 S. Central Ave Glendale, CA 91204 (818) 409 – 0476

http://www.verdugojobscenter.org

The center offers a comprehensive range of workforce development activities through statewide and local organizations typically referred to as a One-Stop Center. These available workforce development activities provided can benefit job seekers, laid off workers, youth, seniors, incumbent workers, new entrants to the workforce, veterans, persons with disabilities, and employers. These activities promote an increase in the employment, job retention, earnings, and occupational skills improvement by participants. The State of California receives funding from the federal government to provide services for adults, laid-off workers, and youth.

### HEAP/CES HOME ENERGY ASSISTANCE PROGRAM

Community Enhancement Services

P.O. Box 93699

Los Angeles, CA 90028

(818) 891 - 4148

(818) 894 – 1329 Fax

http://www.cesinla.com

State of California funded, to assist low income residents to pay for an outstanding energy bill once every 2 years.

#### AA WINDSOR CLUB

123 W. Windsor Rd.

Glendale, CA 91204

(818) 242 - 1350

(818) 242 – 1582 Fax

http://glendalewindsorclub.wordpress.com

Meeting place for Alcoholic's Anonymous and Alanons. English and Armenian meetings.

#### CIRCLE OF HELP FOUNDATION

1011 Goodrich Blvd.

Los Angeles, CA 90022

(877) 546 – 5986 Toll free

(323) 888 - 9191

(323) 888 - 9222 Fax

http://www.circleofhelp.com

Substance abuse treatment, intervention programs, treatment planning, outpatient, daycare rehabilitative services.

#### **NEW INSIGHTS PROGRAM**

522 E. Broadway Blvd., Ste. 101

Glendale, CA 91205

(818) 242 - 2308

(818) 242 - 2320 Fax

Drug and alcohol counseling, education and tobacco awareness for 18+. Drug division referred by court.

#### **DIDI HIRSCH**

Mental Health Services

1540 E. Colorado Blvd.

Glendale, CA 91205

(818) 244 - 7257

(877) 727 – 4747 Suicide Crisis Hotline

http://www.didihirsch.org

Provides Adult Services, Child and Family Services, Substance Abuse Services, Suicide Prevention and Training. Services include: crisis intervention and stabilization, counseling, residential treatment, case management, youth-at-risk and family reinforcement programs, delinquency prevention programs, substance abuse treatment and prevention, and extensive community outreach.

#### ACTION PARENT TEEN SUPPORT GROUP

220 N. Kenwood St.

Glendale, CA 91206

(800) 637 – 8336 24-Hour Hotline

(661) 297 - 8693

http://www.actionfamilycounseling.com

Action Parent Teen Support offers a 30-day inpatient program, weekly meetings, drug testing, evaluations and assessments, sessions teaching parents and teens about boundaries, goal setting, and maintaining healthy compatible relationships with family and friends. 24/7 HELPING- 1800-For-Teens. English and Spanish spoken.

### **PACIFIC CLINICS**

Substance Abuse Program

237 Central Ave.

Glendale, CA 91203

(877) 722 - 2737 Toll free

(818) 547 - 9544

http://www.pacificclinics.org

Outpatient drug alcohol treatment program, information and referral, prevention, substance health and mental health treatment and education ages 26-59.

#### **ALPHA TREATMENT**

Glendale Memorial Hospital

1510 S. Central Ave. Ste 240

Glendale, CA 91204

(818) 502 - 2300

(818) 500 - 7983Fax

http://www.buprenorphine-doctors.com/treatment-centers/detox-center.cfm?id=1101

Chemical dependency treatment, detox, day and evening programs. Individual and group therapy

#### GLENDALE ADVENTIST MEDICAL CENTER

1509 Wilson Terrace

Glendale, CA 91206

(818) 409 - 8000

http://www.glendaleadventist.com

Acute detox residential treatment and outpatient services for individuals with dependencies. Services for substance and detox programs.

#### CHRISTIAN ASSEMBLY CHURCH

2424 Colorado Blvd. Los Angeles, CA 90041

(323) 255 - 1421

(323) 255 - 1259 Fax

http://www.cachurch.com

Offers a variety of faith-based recovery courses and groups. Areas covered: alcohol/substance additions, sexual addictions, family of origin issues, survivors of sexual abuse, financial management, and effects from divorce. English spoken.

#### CALIFORNIA CARE CORP.

Drug and Alcohol Treatment Center 501 E. Harvard St., Unit A Glendale, CA 91205 (818) 551 – 0026 (818) 551 – 0027 Fax

http://californiacarecorp.com

California Care Corporation is an outpatient drug and alcohol program that offers services to a diverse clientele population. Provides outpatient counseling that includes group and individual counseling as well as crisis intervention and treatment planning. We provide services for anger management. Our satellite office located in Glendale offers counseling during evening hours (Mon-Fri, 4:00-8:30pm). Our objective is to rehabilitate the whole person by providing psycho education, helping individuals understand the recovery process and utilizing motivational interviewing. English, Armenian, Russian spoken.

#### CHILDREN'S HOSPITAL LOS ANGELES

Substance Abuse Prevention and Treatment Services

5000 Sunset Blvd. Ste. 701

Los Angeles, CA 90027

(323) 361 - 2463

(323) 913 – 7951 Fax

### http://www.chla.org/SubstanceAbusePrevention

Services are provided at the Division of Adolescent Medicine, schools, and community locaitons attractive and accessible to youth. Services include: screening and assessment, individual, family and group therapy, prevention education, drug-free recreational activities, linkage to community resources for youth and families, training for parents, teachers, and community providers. Family and group sessions, free for seniors and ages 10-25.

### PASADENA RECOVERY CENTER

1811 N. Raymond Ave.

Pasadena, CA 91103

(866) 663 - 3030

http://www.pasadenarecoverycenter.com

Outpatient and 88 bed residential mental health services for adults, families and groups. Also offers inpatient family group therapy, 12-step program, and individual therapy 7-days a week.

### RIGHT ON PROGRAM, INC.

522 E. Broadway

Glendale, CA 91205

(818) 240 - 1683

http://www.rightonprograms.org

DUI Prgrams for  $1^{st}$ .,  $2^{nd}$ . and  $3^{rd}$ . offenders and adult anger management program that meet court ordered requirements.

#### URDC HUMAN SERVICES CORPORATION

**CHOICES** 

1460 N. Lake Ave.

Pasadena, CA 91104

(888) 560 – 5563 Toll free

(626) 398 – 3796 x301

(626) 398-895 Fax

http://www.usnodrugs.com

CHOICES is a comprehensive Substance Abuse program for women. Participants must be (18) years old or older. Women may currently be pregnant or post-partum, but it is not a program requirement. Services include: relaspe prevention groups, domestic violence education, health education. English spoken.

# **Transportation Services Resources**

#### **ACCESS SERVICES**

http://accessla.org

3449 Santa Anita Ave. El Monte, CA 91731 (800) 883 – 1295 Toll free (800) 826 – 7280 TDD

Access Services provides transportation services for people unable to independently use public buses or light rail services in Los Angeles County for all or some of their trips. Access Services works with the public buses and light rail to provide curb-to-curb service within a ¾ mile of bus routes in Los Angeles County. Access Services is what is known as an ADA Complimentary paratransit service and operates under the rules set forth in the Americans with Disabilities Act (ADA). Access Services is also responsible for

coordinating transportation programs of social service providers in Los Angeles County.

### **CALIFORNIA DEPT MOTOR VEHICLES**

1335 W. Glenoaks Blvd. Glendale, CA 91201 (800) 777 – 0133

http://apps.dmv.ca.gov/fo/offices/appl/fo\_data\_read.jsp?foNumb=510

Authorities Calif State driver licenses, registers motor vehicles, & issues ID cards to those who do not drive.

#### **DIAL-A-RIDE - GLENDALE**

633 E. Broadway, Ste 209 Glendale, CA 91206 (818) 548 – 3960 option 2 (818) 247 – 0691

http://www.ci.glendale.ca.us/public works/dial-a-ride.aspx

Transportation for seniors age 60+yrs & disabled persons in Glendale, Montrose, La Canada-Flintridge and La Crescenta. Appointments must be made 24 hours hrs in advance but can be made up two weeks ahead. Return trips must be pre-booked. Service available M-F 8am-6pm. Must register ahead. Spanish & Armenian spoken.

# **Volunteer Opportunities Resources**

#### **ALEX THEATRE**

216 N Brand Blvd.

Glendale, CA 91203

(818) 243 - 7700

(818) 241 - 2089 Fax

http://www.alextheatre.org

Volunteer / community service opportunities: serve functions such as greeting and directing patrons, ticket tearing, directing patrons to their seats, assisting guests with special needs.

### GLENDALE ADVENTIST MEDICAL CENTER

Student Volunteer Program

1509 Wilson Terrace

Glendale, CA 91203

(818) 409 - 8057

(818) 546 - 5687 Fax

http://www.glendaleadventist.com/volunteer

Volunteer opportunities for teens and adults.

### GLENDALE VOLUNTEER CENTER

Glendale Courthouse

600 E. Broadway Rm 111

Glendale, CA 91206

(818) 500 - 9553

http://www.lasuperiorcourt.org/locations/ui/location.aspx?loc=GLN&

Volunteer opportunities for teens and adults.

### ST. KEVORK ARMENIAN CHURCH

1434 W. Kenneth Rd.

Glendale, CA 91201

(818) 243 - 7802

http://www.armenianchurchwd.com/diocese/parishes/St-Kevork-Armenian-Church

Community Service Opportunities for teens and adults.

#### AMERICAN RED CROSS-YOUTH GROUP

1501 S. Brand Blvd

Glendale, CA 91204

(818) 243 - 3121

(818) 240 – 2899 Fax

http://www.redcross.org/ca/glendale/volunteer

Volunteer opportunities for teens and adults.

# **Volunteer Opportunities Resources**

### CITY OF GLENDALE VOLUNTEER PROGRAM

Community Services and Parks Department 613 E. Broadway, Room 120 Glendale, CA 91206 (818) 548 – 2782

http://www.ci.glendale.ca.us/parks/volunteer\_opportunities.aspx

Opportunities to volunteer in community special events, senior and disabled adutl programs and after-school drop-in youth programs.

### CITY OF PASADENA VOLUNTEER CENTER

2500 E. Foothill, Suite 101 Pasadena, CA 91107 (626) 792 – 6118

http://www.cityofpasadena.net/Human\_Resources/Volunteer\_Welcome\_Page

Community service referral service program, has a processing fee.

#### PASADENA HUMANE SOCIETY

361 S. Raymond Ave.

Pasadena, CA 91105

(626) 792 - 7151

(626) 792 - 3710 Fax

http://www.pasadenahumane.org/site/PageServer

Volunteer opportunities & community services for adults and 15-18 years.

#### INTERNATIONAL RESCUE COMMITTEE

625 N. Maryland Ave. Glendale, CA 91206

(818) 937 - 2879

(818) 550 - 6220 Fax

http://www.rescue.org

Volunteer and Internship opportunities for teens and adults.

# **Youth Anti-Gang Resources**

### **COMMUNITIES IN SCHOOL**

8743 Burnett Ave. North Hills, CA 91343 (818) 891 – 9399 (818) 891 – 2510 Fax

http://www.cisgla.org

Hardcore gang intervention and Youth Build program. Services to gang members, their families, and others affected by gang violence, individualized wrap-around services to youth living in the San Fernando Valley. Female Empowerment Program (FEP) ages 14-18 that are gang-oriented/gang affiliated. The youth build program consists of individual/groups. English and Spanish spoken.

#### **HOMEBOY INDUSTRIES**

130 W. Bruno Street Los Angeles, CA 90012 (323) 526 – 1254 (323) 526 – 1257 Fax

http://www.homeboyindustries.org

Job referrals, job readiness & training, counseling, community service assistance, case management services for gang members, at-risk youth, and those recently released from detention facilities. Spanish spoken.

#### **AGAPE LIGHT**

### **Culver City Seventh-Day Adventist Church**

Tattoo Removal Program 11828 W. Washington Blvd. Los Angeles, CA 90066 (310) 398 – 9205

http://www.churchsupportservices.org/article/69/apply-it/agape-light-tattoo-removal Low-cost laser treatment for tattoo removal. Call for more information.

# **Youth Recreations/Programs Resources**

### HOMENETMEN GLENDALE "ARARAT" CHAPTER

2244 N. Buena Vista St. Burbank, CA 91504

(818) 842 - 9333

http://www.bgcburbank.org

Is a non-profit after school and summer program serving youth ages 6-18. Provide homework time, computer classes, creative arts, athletics, and much more. We also have a deaf and hard of hearing program and a very popular teen program. No child is turned away from any of our programs for an inability to pay. There is a \$75 annual membership fee and \$50 registration for summer. English, Spanish and Armenian spoken.

#### YMCA OF GLENDALE

140 N. Lexington St.

Glendale, CA 91206

(818) 240 - 4130

http://glenymca.org

Provides Teen drop-in center, day camp, sports, swimming lessons, after-school programs.

#### **SALVATION ARMY ZONE**

320 Windsor Rd

Glendale, CA 91204

 $(818) 246 - 5586 \times 122$ 

(818) 246 – 2419 Fax

http://www.imsalvationarmy.org

Provides homework help, sports, photography, and film making. Free for grades 3<sup>rd</sup>-8<sup>th</sup> grade ages 8-14.

### CITY OF GLENDALE: COMMUNITY SERVICES AND PARKS DEPARTMENT

613 E. Broadway, Rm 120

Glendale, CA 91206

(818) 548 - 2000

http://www.ci.glendale.ca.us/parks

Provides classes in fitness, sports, art, dance, for children, adults, special evnets and seniors. Camps for kids during school breaks and summer vacation provided. Afterschool programs provided year-round.

# **Youth Recreations/Program Resources**

### BOYS AND GIRLS CLUB OF BURBANK AND GREATER EAST VALLEY

2244 N. Buena Vista St. Burbank, CA 91504 (818) 842 – 9333

http://www.bgcburbank.org

Non-profit after school and summer program serving youth ages 6-18. Provide homework time, computer classes, creative arts, athletics, and much more. We also have a deaf and ahrd of hearing program and a very popular teen program. No child is turned away from any of our programs for an inability to pay. There is a \$75 annual membership fee and \$50 registration for summer. English, Spanish and Armenian spoken.

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